



Lunaria >> 2021

International Workcamps Program
“A moving world”
@ITALY

Lunaria
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About us:

Lunaria is a *nonprofit association for social promotion*, secular, independent and autonomous from political parties, established in 1992.

It promotes peace, social and economic justice, equality and ensure the rights of citizenship, democracy and grassroots participation, social inclusion and intercultural dialogue.

Lunaria practices and promotes processes of social change locally, nationally and internationally through advocacy, political and cultural animation, communication, non-formal education, training and research, information and awareness campaigns and the networking.

Mobility and international volunteering, youth policy, migration and the fight against racism, public policy analysis budgetary, economic and social sustainable development, fight against inequality, are at the center of its social commitment.

Every year, Lunaria involves around 1000 young volunteers in its programmes, including workcamps, youth exchanges, medium and long term volunteering. This is possible thanks to the collaboration with the organizations of the Alliance of the European Voluntary Service Organizations and to the Italian network coordinated by Lunaria, where local groups, associations, cooperatives and municipalities can plan an implement international voluntary services projects.

“We ask to the international volunteers to commit themselves in the mission of the hosting projects, having an **open mind**, and arriving aware that the accommodation conditions may not be suitable for those looking for cheap and comfortable holidays. Every project is made by many factors, and we need from the volunteers a problem-solving approach.”

The workcamp is coordinated by an experienced volunteer, who is not the boss of the camp: we ask the camp-coordinators to ease the first days of the camp and to involve the volunteers in a being responsible of the project, using consensus methodology. The camp-coordinator is not at all responsible for volunteers' fun and the best camp has a camp-coordinator who slightly go back to the status of normal volunteer.....So, prepare to take responsibilities!

Age limits: For adult camps see details in the program tables

Common language used in the camps: English

Fees: No fees in our projects

TEEN workcamps have participation fee to cover the cost of the professional leaders and part of the project costs. No administrative costs are covered by the participation fee.

Inscription fee for Italian volunteers is 105€.

Insurance: Lunaria provides insurance to all the volunteers

Placement Actors

Outgoing :Annarita, Agnese, Flavia- workcamps@lunaria.org

ESC, ESC in team e A4A: Annarita: vol@lunaria.org and workcamps@lunaria.org

*Incoming:*Annarita - incoming@lunaria.org

CODE	NAME	LOCATION	START	END	WORK	VOLS	AGE	FEE €
LUNAR01	AGAPE01	Prati	28/05/2021	18/06/2021	MANU	6	18-80	-
LUNAR02	AGAPE02	Prati	18/06/2021	09/07/2021	MANU	6	18-80	-
LUNAR03/ESC	A band of pirates community fest!	Milan	29/06/2021	14/07/2021	SOCI/FEST/MA NU	12	18-30	-
LUNAR04/ESC	New spaces for new ideas	Roma	08/07/2021	23/07/2021	RENO/CONS	12	18-30	-
LUNAR05	AGAPE03	Prati	09/07/2021	30/07/2021	MANU	4	18-80	-
LUNAR06	CONTAMINA	Peri di Dolcè -Valpolicella	11/07/2021	25/07/2021	RENO/MANU	8	18-35	-
LUNAR07/ESC	ValpoWorkCamp	Fumane -Valpolicella	16/07/2021	31/07/2021	EDU/KIDS	12	18-30	-
LUNAR08	AGAPE04	Prati	30/07/2021	20/08/2021	MANU	4	18-80	-
LUNAR09/ESC	MarsiCamp	Carsoli	09/08/2021	26/08/2021	RENO/ART	12	18-30	-
LUNAR10/ESC	TuRB@N -The world Is how you make It in your mind	Atina	18 /08/2021	02 /09/2021	CONS/ENVI	12	18-30	-
LUNAR11	AGAPE05	Prati	20/08/2021	10/09/2021	MANU	4	18-80	-
LUNAR12	Rural Remake	Cuccaro vetere	21 /08/2021	31 /08/2021	MANU/ENVI	10	18-35	-

WORKCAMP SHORT DESCRIPTIONS

LUNAR01 AGAPE 1 Prali MANU 28/05/2021 18/06/2021 Vols: 6 AGE: 18+
LUNAR02 AGAPE 2 Prali MANU 18/06/2021 09/07/2021 Vols: 6 AGE: 18+
LUNAR05 AGAPE 3 Prali MANU 09/07/2021 30/07/2021 Vols: 4 AGE: 18+
LUNAR08 AGAPE 4 Prali MANU 30/07/2021 20/08/2021 Vols: 4 AGE: 18+
LUNAR11 AGAPE 5 Prali MANU 20/08/2021 10/09/2021 Vols: 4 AGE: 18+

SUMMARY: Join Agape, a place where you can share an intense community spirit in beautiful natural surroundings. Support local volunteers in managing the Centre with very different tasks. Don't miss this enriching human opportunity.

#interculturalism # sharing #mountains #lunarcamp

PARTNER: It's been ten years that Lunaria and Agape are working side by side to create a space where people can meet in harmony. Agape International Ecumenical Centre is an important point of reference in Italian Protestantism, being for 70 years a place of education and development, theological exploration, political engagement, acceptance and validation of differences. A resident group still lives at Agape throughout the year. Agape was built after the Second World War as a sign of hope and reconciliation between people, thanks to the voluntary work of many young men and women. The dimensions of community and voluntary service remain fundamental. Please visit www.agapecentroecumenico.org to see which are the activity programs for this period.

By joining this workcamp you will contribute to the Sustainable Development Goals: **QualityEducation-SDG4 and GenderEquality-SDG5**, two of the pillars of Agape mission.

PROJECT: Every year many people, with different ages and religious, cultural and political backgrounds, come to Agape to discuss and to be challenged, to get to know themselves and each other and to exchange experiences around a particular theme. The work camp will support the management and support the meetings on issues of political, social, cultural and religious interest. The center is volunteers-driven, and its management is in your hands.

WORK: Volunteers will help in the following tasks: kitchen, meal service (tables and dishes), cleaning, maintenance, bartending, babysitting.

ACCOMMODATION AND FOOD: Volunteers will be hosted in 3-4 bed bedrooms with shared toilets on the floor. The meals are typical Italian Mediterranean cuisine, with limited consumption of meat for environmental reasons, and the possibility of choices for those who require a special diet. There is a washing machine available for the volunteers.

LOCATION AND LEISURE: Agape is in the Alps, close to Prali commune. Games, discussions, and outings can be organized during free time. Programmed activities (especially in the evening) are most of the time open to the volunteers, as long as they do not clash with work commitments. The place is beautiful but isolated, though you will stay together with many international participants attending the meetings of Agape. **TERMINAL:** Turin

REQUIREMENTS: Volunteers should come ready to accomplish each task and with an open mind. Volunteers before arrival should contact the Agape secretariat before arriving since travel to Agape can be complicated.

**LUNAR03/ESC "A band of pirates community fest!" /// Milan, Lombardia /// 29/06/2021-14/07/2021
//SOCI/FEST/MANU /// VOLS: 12 /// AGE: 18-30**

SUMMARY: Let's create together! Participate at the annual Summer Community Festival of San Siro in a multicultural popular area, helping to organize, manage and improve educational activities for youngsters.

#TeamSpirit #festival #inclusion #lunarcamp #ESCinTeam

PARTNER: The host association "Aps Yard" was founded in 2001 and supports projects about many different focus areas: anti-racism, sociability, cultures, territories, active citizenship, human rights, reuse and recycle, mutual aid, non-formal education with young people and children.

PROJECT: The association promotes together with a committee of inhabitants the annual summer community festival of the district "San Siro", a multicultural popular block at the center of the main urban transformations of the second biggest Italian city. The aim of the workcamp is to achieve an exchange between the inhabitants of San Siro and the international volunteers group to create the possibility of learning experiences for both. By joining this workcamp you will contribute to the Sustainable Development Goals: **Reduce inequality -SDG10**

WORK: The festival was born to promote melting pot, social inclusion and anti-racism, the housing right for all, and the improving of cultural and social conditions. The international volunteers group will help the inhabitants, the local volunteers and the association's partners to realize the event. Especially the volunteers will help to propose ideas, organize and manage the educational activities for youngsters. Children and kids of that neighborhood often live in socio-economic disadvantages and during summer, with schools closed, they have few opportunities to participate in community activities. The international volunteers will be always side by side with local volunteers of the "Banda dei Pirati Project" with experience in previous festival editions.

ACCOMODATION AND FOOD: Volunteers will be hosted at the "Space of Mutual Aid", a community squat that hosts a lot of social projects and the co-housing of tens of families from all over the world. Here there is one large apartment (130 square meters) entirely dedicated to the volunteers without distinction between males and females. There will be hot water in the bathroom. You can use the Wi-Fi in the building, but not in the room. The food will be prepared together by the volunteers and you can also eat vegetarian.

LOCATION AND LEISURE: The project takes place in Milan, the second biggest city in Italy. During their free time, the volunteers will have the opportunity to visit it. **TERMINAL:** The nearest terminal is Milan Linate Airport (LIN) or Milan Malpensa (MXP) and Bergamo Orio al Serio (BGY). The airports are well connected with the city by coach and railway.

REQUIREMENTS: This project is supported by the European Solidarity Corps. Food and accommodation are covered by the European Union. Transportation costs will be refunded according to the distance band rules of the programme. No fees are required. The workcamps are open for international volunteers (coming from EU ESC countries projects). The projects needed a minimum of 10 volunteers to be confirmed. Keep in mind that half of the group could be of Italian volunteers.

LUNAR04/ESC "New Spaces for new ideas" /// Roma /// RENO/CONS /// 08/07/2021-23/07/2021 ///
VOLS: 12 /// AGE: 18-30

SUMMARY: Regenerate and rebuild an old school to create a "participative gym" for body, imagination to promote active citizenship and solidarity.

#community #solidarity #inclusion #lunarcamp #ESCinTeam

PARTNER: The association ANITA (Association New Ideas for an Open Territory at Garibaldi School), composed of families and people from the area active in the "Open Schools" program, is committed to enhancing a public school as a "Common Good". Since 2013 they are committed to restore spaces of the school previously unused as the garden, the former janitor's house and the huge basement.

PROJECT: The aim is to return these restored spaces to the school itself and to the territory, with the creation of an educational and community garden, a historical archive, a "participative gym", that is for the body, for the imagination and to promote active citizenship and solidarity. The camp will contribute to the creation of a creative and inclusive gym (also accessible to people with disabilities) in the basement of the school. The recovered spaces will be used to carry out activities of socialization, inclusion, creativity and movement and will promote the values of solidarity, human rights, differences, women's rights, education for peace and freedom. Specifically ANITA wants to redevelop 12 spaces (not all of them this summer!), each dedicated to two athletes (one male and one female) who had to overcome socio-cultural barriers in order to play sports and whose story will be illustrated with panels or murals and summarized with the initials of the athletes who can inspire and encourage. By joining this workcamp you will contribute to the Sustainable Development Goals: **Reduce inequality -SDG10**

WORK: Volunteers will work approximately 6 hours per day. Work will be focused on:

- Renovation of the basement of the school: plastering, painting and making simple murals on the walls. Construction of climbing walls for the gym dedicated to this, with preparation work of the walls, carpentry and minor electrical maintenance;
- Care of the didactic garden: watering and keeping the spaces clean, creating a compost bin, an earthworm tank, signage in Italian and English, fixing a little wall, renovating doors and windows;
- Digitization of the school's historical archive, i.e. the class registers from the fascist period and the war, a very useful material to propose to the school children to do research on the discrimination perpetrated by fascism and the difficulties faced during the war;
- Cleaning and whitewashing of one or two classrooms in the school.
- Artistic and bricolage activities: we will also try to give space to reuse activities (such as the creation of benches and sensory boards) and artistic activities (such as the creation of murals and a short video to let the school children know what has been done by the volunteer camp).

ACCOMMODATION AND FOOD: Volunteers will be accommodated in the school itself, in the "House of the Thousand" (former janitor's house), which has all facilities (rooms, toilets, showers) and a kitchen. Volunteers can use the garden of the school to eat outdoors. Accommodation is very basic. Food can be prepared by volunteers themselves. Volunteers will take care of the common space and respect the place.

LOCATION: Rome, near Piazza San Giovanni, 3 minutes walk from the metro station "Re di Roma" or "Ponte Lungo" (metro A) and 40 minutes walk from the Colosseum. We foresee that the volunteers will be able to make at least one full day excursion in Rome. **TERMINAL:** The nearest terminal is Fiumicino and Ciampino Airport.

REQUIREMENTS: This project is supported by the European Solidarity Corps. Food and accommodation are covered by the European Union. Transportation costs will be refunded according to the distance band rules of the programme. No fees are required. The workcamps are open for international volunteers (coming from EU ESC countries projects). The projects needed a minimum of 10 volunteers to be confirmed. Keep in mind that half of the group could be of Italian volunteers.

LUNAR06 "CONTAMINA" /// Peri di Dolcè /// RENO/MANU /// 11/07/2021-25/07/2021 /// VOLS: 8 ///
AGE: 18-35

SUMMARY: Participate in the renovation of a structure that will be used for local teenagers and local associations. **#Meeting #Community #Lunarcamp**

PARTNER: Hermete was created in 1997 and mainly works in Valpolicella. It proposes to realize social and cultural projects for the community and for the territory, having quality and innovation as big targets. Hermete highly believes in network, this is why it operates at a local, national and European level with partners that seriously and passionately believe that education and culture are essential tools to the development and the growth of our society. One important project made by Hermete is CONTAMINA which takes place in the city of Brentino Belluno and Dolcè, a numerous activities are organized with the objective to challenge a teenage group (14-15 yo) on their entrepreneurship and their protagonism, a community of adults would then get involved with the new generations for their own sustainable future.

This project would like to give a professional path, logistical support to informal groups in order to boost young participation and exchanges between adults and the new generations, all of it can take place with very concrete actions that could also develop local sustainability and culture. Then, international meetings (like workcamps) are organized with the purpose to develop mutual opportunities between all the participants. By joining this workcamp you will contribute to the Sustainable Development Goals: **SustainableCommunities-SDG11.**

PROJECT: Contamina is a project whose aim is empowerment and active participation in and of the community. This camp wants to be an occasion for internationals to discover our culture and create a meeting and development spot for all of us. It also wants to be a moment for our young people to meet and realize a new great community. We hope that there's gonna be much more of it after this camp!

WORK: Our volunteers are going to renovate a structure above the local train station, which will be the main occupation during the 2 weeks. The structure is managed by the municipality. This renovation consists of easy works, like wall painting and wood creations. Once the structure will be ready, it will be used as a

place to meet up for the young people, to spend time together and also as a place of co-working for the local associations. Volunteers are going to work about 5 hrs/day for 5days/week, but if someone is willing to do more than that, they're more than welcome! During the days of the volunteers will be able to either enjoy the stay locally or organize trips, and enjoy themselves!

ACCOMMODATION AND FOOD: the volunteers are going to stay at our local "scout" home in big rooms. The house is fully furnished with showers, beds and a fully furnished kitchen as well. They are going to cook their food, but Italian dinners or lunches might be organized so that everybody will enjoy "il Vero Cibo Italiano" handmade.

LOCATION AND LEISURE TIME: Peri di Dolcè is a small village located in Valdadige, in between Trento and Verona. The countryside around here provides amazing views, but if someone loves water "Lago di Garda" is just about 20 km away! **TERMINAL:** the nearest airport is Aeroporto di Villafranca_Verona, and the nearest train station is Peri

LUNAR07/ESC "ValpoWorkCamp" /// Fumane/Valpolicella /// 16/07/2021-31/07/2021 /// EDU/KIDS ///
VOLS:12 /// AGE: 18 -30

SUMMARY: Create a big role play for children! Support them to autonomously manage an entire city. They will discover thanks to you what means active citizenship and European citizenship.

#ActiveCitizenship #Summercamp #Youth #Culture #LunarCamp #ESCinTeam

PARTNER: Hermete was created in 1997 and mainly works in Valpolicella. It proposes to realize social and cultural projects for the community e for the territory, having quality and innovation has big targets. Hermete highly believes in network, this is why it operates at a local, national and European level with partners that seriously and passionately believe that education and culture are essential tools to the development and the growth of our society.

PROJECT: This is the fifth workcamp organized in Valpolicella. The project is promoted by Hermete, a local cooperative that promotes the social and cultural project, and by the group of young local people that organized the previous four Valpo workcamps edition. The aim of the workcamp is to create opportunities for cultural sharing and exchange between volunteers and the local community and to promote active citizenship through work with children. Volunteers will be involved in the organization of the summer camp "La Città dei Ragazzi", where kids emulate life in a city completely managed by them, from the bank to the municipality, passing through shops and leisure spaces. One of the main objectives is to bring children the concept of European citizenship and the concept of active citizenship. By joining this workcamp you will contribute to the Sustainable Development Goals: **QualityEducation- #SDG4.**

WORK: Volunteers will collaborate with Hermete's staff in managing the activities during the "Città dei Ragazzi" summer camp working closely with children aged 6- 11 y.o. Before work, the volunteers will receive a brief training on the project. They will be also involved in the organization of the final party.

ACCOMMODATION AND FOOD: The group will be hosted in "Gabanel", a bike hostel built in a house confiscated from the Mafia that is also a job placement opportunity for young people with difficulties and as a place of culture, meeting and training for the community and companies. The hostel can accommodate up to 17 people and will follow all anti covid regulations. Volunteers will sleep in a mixed room, with all facilities (shower, beds, kitchen, etc.). The group will have to cook their meals and help in the cleaning works.

LOCATION AND LEISURE: Fumane is a municipality in Valpolicella hills, where volunteers will work. Volunteers will be hosted in Bussolengo, another small municipality that is 10km away. They will have a private van and a private car to use during the camp to move between the different places. The main activity of that region is agriculture (grapes) and winemaking, so the landscape is mainly rural and covered by vineyards.

TERMINAL/TRAIN STATION: The nearest airport is Verona Airport ("Valerio Catullo"). Verona city can, also, be easily reached by train from Milan, Venice, Bologna. From Verona train station there is a bus to reach Fumane.

REQUIREMENTS: This project is supported by the European Solidarity Corps. Food and accommodation are covered by the European Union. Transportation costs will be refunded according to the distance band rules of the programme. No fees are required. The workcamps are open for international volunteers (coming from

EU ESC countries projects). The projects needed a minimum of 10 volunteers to be confirmed. Keep in mind that half of the group could be of Italian volunteers.

LUNAR09/ESC "MARSICAMP" /// Carsoli, L'Aquila, ITALY /// 09/08/2021-26/08/2021 /// RENO/ART ///
VOLS: 12 /// AGE: 18-30

SUMMARY: In Carsoli, manual and social activities are organized to promote natural areas and restore some structure of the village. Help them using your artistic and manual skills in this beautiful project.

#Nature #Citizenship #Painting #Renovation #lunarcamp #ESCinTeam

PARTNER: "Il Mondo in una Stanza" is an association based on the social promotion and non-professional sport and is supported by the municipality of Carsoli, in collaboration with many corps active in this territory. The straight relations between the different entities enable them to make artistic, social and human rights operations more efficient. By joining this workcamp you will contribute to the Sustainable Development Goals: **SustainableCommunities-SDG11**

WORK:The volunteers, international and local, will have the task of creating objects of street furniture using poor or recycled materials, such as small houses dedicated to the free exchange of books. They will also be able to carry out some small maintenance works (painting of railings, walls and street furniture) with the aim of requalifying one or more public areas, providing also to insert some artistic elements. The activities, agreed upon with the Municipal Administration of Carsoli, will be planned and followed during the realization by some local artists and craftsmen, in collaboration with the Association of Artists of the Rider Valley and AttivaMente APS.

ACCOMMODATION AND FOOD: The volunteers will be hosted in the cultural leisure center, managed by the association il Mondo in una Stanza. They will have access to bathrooms, showers and a kitchen to cook their meals. Mattress is available to sleep.

LOCATION AND LEISURE: Carsoli is a small commune of the Abruzzo region (5.500 inhabitants), 60km far from Rome and accessible by train, bus, and motorway. La Piana del Cavaliere, where Carsoli is located and of which it is the most representative center, has experienced significant industrial development from the 70's. This development was deeply favored by the proximity with Rome and the links between the commune and the capital. This territory is covered with numerous woods and a large part of it is considered a protected area. Carsoli area also houses impressive caves, entered on a Site of Community Importance, with numerous pathways. The volunteers will have the opportunity to visit them and other beautiful natural areas. We are preparing a program of proposals with cultural and leisure activities for volunteer's free time, based on our past experiences. This program must be balanced between the activities we are organizing and some time available for the group in order to socialize. **TERMINAL:** Roma Airport, Carsoli train station or bus station

REQUIREMENTS: This project is supported by the European Solidarity Corps. Food and accommodation are covered by the European Union. Transportation costs will be refunded according to the distance band rules of the programme. No fees are required. The workcamps are open for international volunteers (coming from EU ESC countries projects). The projects needed a minimum of 10 volunteers to be confirmed. Keep in mind that half of the group could be of Italian volunteers.

LUNAR10/ESC "TuRB@N -The world Is how you make It in your mind " /// Atina ///
18/08/2021-02/09/2021 /// CONS/ENVI/ /// VOLS: 12 /// AGE: 18-30

SUMMARY: Within an international group, support the renovation of a historical park.

#CommunitySpirit #interculturalism #solidarity #lunarcamp #ESCinTeam

PARTNER: For 5 years, the association "Rise Hub" has been working actively on the development of the Valle di Comino, also through the organisation of workcamps. The association "Rise Hub" was established in 2015 in Valle di Comino, a rural area composed of many small towns surrounded by mountains between the cities of Rome (120km) and Naples (180km) with an increasingly intercultural composition of the population. The association aims to create a connection between unemployed youngsters, migrants, refugees, and asylum seekers living on the territory, with local institutions and private firms. Its members are mainly women, girls, and refugees, and it counts with several volunteers of different ages and

backgrounds. By joining this workcamp you will contribute to the Sustainable Development Goals: **SustainableCommunities-SDG11.**

PROJECT: Rise Hub, in collaboration with the Municipality of Atina, with the aim of supporting and raising awareness of the local community to respect the common spaces, for the regeneration of the territory and collective spaces, to return the potential to the territory and its population. The main objective is to create a welcoming place for rest and leisure, which can be the driving force to trigger processes of re-appropriation of public space and revitalization of the historic center of Atina.

WORK: The work of the volunteers will consist in regenerating a specific area of the historic center, currently used as a parking lot. Volunteers will build in this area a small playground for children, of which the historic center of Atina has always been lacking. Volunteers will define, delimit and organize the working area and follow the phase of preparation, cut, transport and compose the structure to be for the assembly. The volunteers will work 5/7 hours a day and they will have 2 days free.

ACCOMMODATION AND FOOD: Volunteers will be accommodated in tents inside the garden of the "Beatrice Nursery School" in order to ensure adequate spacing. The kindergarten is located in the center of the village closer to the working area. All facilities are available: kitchen, bathroom, showers. The structure is equipped with wifi. Volunteers will take care of common spaces, prepare meals, clean bathrooms and common areas. Food will be vegetarian and most of the groceries will be purchased from local producers and farmers.

LOCATION and LEISURE TIME: Atina is a small, rural Municipality of approximately 420 inhabitants, in southern Lazio (same region as the capital, Rome). Atina is said to have mythological connections with the Roman god of Saturn. Saturn is also said to have taught these native people how to build houses, to cultivate the land and plant vines and to live together harmoniously. Thus he became known as the Roman God of agriculture and fertility. The main attraction of the town is the historical center and the archaeological site. Hundreds of tourists visit the town not only for his history and monuments but also for the genuine tasty food and the untouched natural beauties that the town offers. Meeting points will be arranged according to your time of arrival at Rome Airport, and therefore the time you will take the train to Cassino train station. **TERMINAL:** Rome

REQUIREMENTS: This project is supported by the European Solidarity Corps. Food and accommodation are covered by the European Union. Transportation costs will be refunded according to the distance band rules of the programme. No fees are required. The workcamps are open for international volunteers (coming from EU ESC countries projects). The projects needed a minimum of 10 volunteers to be confirmed. Keep in mind that half of the group could be of Italian volunteers.

**LUNAR12 "Rural Remake" Cuccaro Vetere (SA) /// MANU/ENVI /// 21/08/2021-31/08/2021 /// VOLS: 10
/// AGE: 18+**

SUMMARY: Help the locals to enhance the cultural heritage older than 2500 years. Enjoy working outdoors using your artistic and manual skills.

#Culture #rural #lunarcamp

PARTNER: Lunaria and Cilento Youth Union have organized several successful workcamps in the last years. Cilento Youth Union is a youth NGO started in Rofrano (SA) in 2015, targeting Italian youth with fewer opportunities from the south of Italy and specifically from the Cilento area. This workcamp is co-organized by Gazania Association, that proposes the study of the Byzantine history of Cilento and Vallo di Diano, the research and enhancement of cultural emergencies and ancient paths that can be traced back to the settlements of Italic monks. By joining this workcamp you will contribute to the Sustainable Development Goals: **SustainableCommunities -SDG11.**

PROJECT: TAKE PATH! To the heart of the Cilento, Vallo of Diano and Alburni National Park is a project about Bizantine heritage of Cilento and Vallo of Diano, sub-regions in Salerno province, researching and valorising cultural heritage and ancient paths linked to the settlements of Italian-Greek monks. The aim of the project is to clean and improve the footpaths that integrate the path called "Cuccaro Vetere-Montesacro", that connects the ancient greek abbey of Santa Cecilia, located in the nearby village of Castinatelli. In particular, volunteers will be asked to work for the conservation of the environment and for the valorization of the path.

WORK: The volunteers will be involved in different activities. Manual work: mow grass, repair and secure the fence, wood and stone steps, rid the path of trees and greenery obstructing the walk, fix dry small stone walls and pave paths with local natural stones, integrating signposting; Garbage collection work along the paths connecting Santa Cecilia and Cuccaro Vetere, until Montesacro summit; Forest work like clean undergrowth and forest floor, prune branches and plants.

ACCOMMODATION AND FOOD: All volunteers will be accommodated at San Francesco ancient convent, located in the centre of the town and equipped with mattresses, toilet and kitchen, where they will prepare meals, arranged according to Mediterranean cuisine. For this reason, volunteers will be assisted by a typical Cilento inhabitant. It's recommended to bring: sunscreen, work clothes (included gloves, shoes), swimsuit but also warm clothes and K-way, sleeping bag, video-camera

LOCATION AND LEISURE TIME: Cuccaro Vetere is a small village included in the National Park of Cilento, Diano and Alburni, in Campania, a region of south-western Italy. The city is a UNESCO World Heritage Site. Territory is composed of different types of landscapes and paths, characterized by a high naturalistic value. Cuccaro is known for its healthy and beneficial climate, the "pastorelle", delicious chestnut sweets, the "Palio del Ciuccio", the donkey race that takes place in August. It's situated in the hills, but not far from the Cilento coast. With only 500 inhabitants and its breath-taking panoramas, it is a very exotic and unusual place to visit. The area is rural and inner, far from urban centers, but people are very hospitable and always ready for conversation. **TERMINAL:** Rome and Naples

SPECIFICS REQUIREMENT: open-minded, attitude to outdoor manual activities, positive artistic attitude, flexible to eat local food, ready to interact with other people of different cultural background, willing to share own experiences, flexible to live in simple living conditions.