

Referencia: 1

Code: SDA103

Year: 2016

Name: Foster the City (CARTA DE MOTIVACIÓN)

Location: PRAGUE 2

Address: BILE KARPATY-SOUTH MORAVIA

Url: www.inexsda.cz

Project: CONS-CULT - Construction - Cultural

Initial Date: 03/07/2016

Final Date: 17/07/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: The workcamp is held in the city of Pilsen in cooperation with the local NGO "Foster the City" that has been part of the European Capital of Culture program since 2012 (now it is an independent organization). It deals with contemporary state of the public space and its affordable enhancement. Local people have an opportunity to demonstrate their ideas & to show what they feel wrong, what they miss, what they would like to participate in. The most successful implementation projects include restoring the former Municipal River Bath or transformation of Springs at Roudná. The aim of the workcamp is to continue with the activities begun 2012 by improving derelict public places of Pilsen through small interventions.

Work: The work will be mainly manual and physically hard. This year we are going to continue working at the former Municipal river bath and its surroundings, which was revived during the workcamp in 2014 and 2015 but there is still a lot to improve. One week you are probably going to work elsewhere in Pilsen & the places to be improved during the workcamp are chosen from the proposals of local people in March. Your work will probably consist of cleaning up the nature/city street, cultivating green and city spaces, making wooden furniture and similar activities. Be ready to work in all kinds of weather. For illustration, pictures from 2015 are on <http://on.fb.me/1OJepKM>. At both places we are going to celebrate the effort - by throwing a concert or a neighbours& party.

Study part: You will have an opportunity to go for an excursion to the Pilsner Urquell Brewery and for a trip to a spectacular town in Pilsen region. You will also help with the organization of an evening or afternoon event for the public at the work site and you can be actively involved in the program (these events are usually on weekends so please be ready to help a couple of hours, too & it will be great experience and fun).

Leisure time: See some interesting Pilsen sights & medieval city centre, historical underground, Techmania Science Centre and do other activities such as visiting festivals, cinemas, sports facilities, restaurants, typical local pubs, cafés, tearooms and clubs, galleries, museums and ZOO, woods and lakes around the city.

Accommodation/Food: In a scout clubhouse. There is a kitchen, hot and cold water, 3 toilets and 1 shower. Please bring a sleeping bag. The clubhouse is located near the River bath and 40 min from the springs in Roudná. Walking distance to the city centre is 2.1 km and to the nearest tram stop 650 m. Warm lunches (vegetarian meals possible) will be provided at the worksite. You will prepare your own breakfast and dinner.

Location: City of Pilsen (www.pilsen.eu) is the capital of West Bohemia. With 170 000 inhabitants and 15 000 university students it is a significant cultural, business and industrial centre, internationally famous mostly due to the products of Pilsner Urquell and ěkoda factory.

Meeting point: Pilsen. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Note: A short motivation letter is required! Your work will be mostly hard manual work. But don't worry - it will be worth it! We look for people who believe in improving the city by their own hands, who find fun and pleasure in doing so and who can also spice it up: if you cook, sing or can amuse others, it will be useful for the evenings! We certainly do not want any moaners! :) The workcamp is suitable also for parents with children.

Referencia: 2

Code: SDA105

Year: 2016

Name: Friendly Hospitality House

Location: PRAGUE 2

Address:

Url: www.inexsda.cz

Project: RENO-ENVI - Restoration-Environmental

Initial Date: 17/07/2016

Final Date: 30/07/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: It is the 1st time that a workcamp is held in a little village Skalka u Doks in cooperation with the local association Friendly Hospitality House. Its name refers to the ancient tradition of mutual help of pilgrims. In 2011 the association started to renovate a very much neglected rural homestead, cultivate adjacent lands, set permaculture gardens, grow and process local products. The intention is to create a hospitable cultural and crafts centre for people from the village and wider public and overall revitalization of the place affected by the contested past (e.g. expulsion of inhabitants after the WWII). The aim of the workcamp is to help with restoration of relations between the place and its inhabitants, both contemporary and past, mutual understanding and recognition of differences.

Work: The work will be manual and sometimes demanding, it will take place at several locations. In Skalka u Doks you will for example: help with the reconstruction of the object and cleaning, collect firewood from a forest, shovel compost, take care of permaculture garden and meadows with protected flora, rake grass clippings and restore overgrown public path in the village. In the nearby village Bořejov you will: clean the church, help with preparation of Sunday pilgrim mass, clean the cemetery surrounding the church, esp. the abandoned graves of the ancestors of the displaced inhabitants. Bring proper work shoes, appropriate clothes and a raincoat.

Study part: Getting to know local history and culture (visit of the castles Doksy and Houska), movie screenings, musical evening with the locals, Pilgrim Roman Catholic Mass on Sunday 24/7 in the Church of Bořejov (which we will have been cleaning the week before), meeting local permaculture community, farming in harmony with nature, presentation of spiritual tradition of countries of the volunteers, discussion with the local deacon and parish priest.

Leisure time: Bathing on the beaches of Mácha Lake, evening activities on the beaches and in the town Doksy, meditative walks in nature, mushroom and blueberry picking, closing event at a fisherman's hut on the banks of the Mácha Lake with a steamboat sunset cruise.

Accommodation/Food: In the main building of the homestead that is under reconstruction. Sleeping on mattresses, you must bring your own sleeping bag. There is a shower with hot water, washbasin, toilet, kitchen on outdoor fireplace. The volunteers will prepare their own meals; you can share your national cuisine, particularly at dinners. Bring recipes from you home.

Location: Little village Skalka u Doks (170 inhabitants) and neighbourhood. The village is located in a Protected Landscape Area near the Mácha Lake which is a popular tourist attraction. If we work at more distant places, we will take you

there by car.

Meeting point: Dubá. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Note: For curious people open to others or for those who want to be like this. Interest in traditional spirituality and history appreciated.

Referencia: 3

Code: SDA106

Year: 2016

Name: Community life in Mnichovo Hradiste

Location: PRAGUE 2

Address:

Url: www.inexsda.cz

Project: RENO-CULT - Restoration-Cultural

Initial Date: 24/07/2016

Final Date: 07/08/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: The workcamp is supported by the local municipality of Mnichovo Hradiste, a small town in Central Bohemia. Two years ago the town started to be more alive with support of active citizens who decided to take responsibility for what happens around. They started to organize flea markets, meetings with eye witnesses of historical events, activities for kids; they put a public piano on a bus stop and organize regular concerts on it. They also started to improve their town through voluntary work. This year's workcamp will be already the second one in the town. The goal will be to help with renovation of public space and with organization of a local festival. There will be many opportunities to be in touch with the local community.

Work: The work will be manual and connected with renovation and maintenance of public areas (painting fences and children's playground, cleaning graves of famous locals that are forgotten nowadays). Additionally, you will help with renovation of an area around the municipal house where you will be accommodated. This area will be used in the future for cultural activities. You will mainly do gardening tasks (cleaning, etc.). Please take with you some clothes that can get dirty. At the end of the workcamp you will be involved in the organization of a local festival (celebration day of St Anna). You will be asked to prepare some activities for children. Please think about some games from your childhood and if needed bring materials with you.

Study part: Creative workshops (making baskets, cooking with locals, yoga); afternoon with local kids; visiting a festival or a concert; meeting other local associations; listening to local stories told by storytellers. Please bring some music/musical instruments/movies/food from your culture. The final program will be set in group discussion.

Leisure time: Guided tour around the town, visit to local brewery, open air movie evening, common barbecue with locals, visiting interesting pubs of the town, opportunity to play tennis, bike trip, volleyball, football, to use slack line; visit to a local mini gallery in art school, concert on public piano, opportunity to go to a swimming pool (5 km from Mnichovo Hradiste), to rent boats on Jizera river or to visit Skoda museum.

Accommodation/Food: In a house belonging to local municipality, 3-4 rooms with simple beds, 1 shower, 1 bathroom, 3 toilets, around 15-20 min of walk from market square. Please bring your own towels and sleeping bags. You will get money to buy food; there will be a kitchen available in the place where you will be accommodated.

Location: The town of Mnichovo Hradiste (approximately 8000 inhabitants) in the

Central Bohemia. It is a town of contradictions as it belongs to ¿Skoda¿ region where most people work for car industry and at the same time is situated near the ¿Czech Paradise¿, nature preserve on the UNESCO World Heritage list.

Meeting point: Mnichovo Hradiste. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague. The exact info will be provided in the infosheet.

Note: The project is suitable for volunteers that would like to help manually to the community but also that look forward to meeting its people and exchanging about their cultures with them. If you like activities with kids and/or play a musical instrument, it will be an advantage.

Referencia: 4

Code: SDA107

Year: 2016

Name: Culture and sports in Harrachov

Location: PRAGUE 2

Address:

Project: RENO-CULT - Restoration-Cultural

Initial Date: 19/07/2016

Final Date: 03/08/2016

Min Age: 18

Max Age: 30

Places: 1

Description of Workcamp:

Project: The workcamp is held in the town of Harrachov (in Giant Mountains) in collaboration with the local town hall. Harrachov is a renowned centre of tourism and mainly winter sports. The town is known for organizing ski jump competitions, there are several ski jump ramps in the area. Lately, active local citizens have been trying to boost the community life in Harrachov, which is also why they decided to invite foreign volunteers to the town. In July, there will be a local culture event called ¿Woodcarving¿ during which different artists will meet and manufacture wooden sculptures. The aim of the workcamp is to help with organizing this event, help with the renovation of a neglected ski jump ramp for children racers and with preparation for establishing local museum of history of skiing.

Work: Organizational and manual work. Volunteers will for example help with construction of a stage, painting, gardening, adjusting green areas, moving exhibits to the museum etc. Most of the work will be done in any kinds of weather so we recommend you to bring waterproof clothes and shoes, preferably also raincoats. Within the programme of the cultural event ¿Woodcarving¿ you will also have a space for a little creative performance (e.g. presentation of your regions/towns through food, projecting of photos or a short film¿). Please bring traditional recipes and other material.

Study part: You will see how a big cultural event is organized, you will find out more about Giant Mountains (lecture, visit of a museum and local glassworks) and about history of skiing in the region. You will meet local ski jumpers. There will also be a chance to get to know local citizens during social events (campfire, blueberry feast).

Leisure time: Light trek through Giant Mountains with sleeping in a mountain chalet, a trip by a cogwheel train on Czech-Polish border, chair lift ride to ertova hora (Devil¿s mountain), miniature golf tournament with the locals, possibility to swim under Mumlava Waterfall etc.

Accommodation/ Food: On the first floor of a family guesthouse (three rooms, common room, kitchen, two bathrooms, outdoor fireplace). Bring your own sleeping bags! Attention, the family of the owner lives on the ground floor, smoking is not allowed in the whole building! Volunteers will prepare their own meals.

Location: Harrachov town (about 1600 citizens) in the north-east of the Czech Republic. The town is a border crossing to Poland. It is located in beautiful mountain scenery of Giant Mountains.

Meeting point: Harrachov. The meeting time is usually in the afternoon. Please

note it takes at least 2,5 hour to get there from Prague. The exact info will be provided in the infosheet.

Note: Workcamp is suitable for volunteers who are interested in culture and sport (particularly skiing). Due to living in a house with a host family you will have a unique opportunity to experience local culture and customs, at the same time we ask you for respectful behaviour  Smoking is strictly prohibited in the whole house.

Referencia: 5

Code: SDA108

Year: 2016

Name: Old Brewery Chric

Location: PRAGUE 2

Address:

Project: RENO - Renovation

Initial Date: 23/07/2016

Final Date: 05/08/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp:

Project: The workcamp takes place in a 16th century brewery situated in the small village of Chric in cooperation with the local NGO Propolis. The brewery was a ruin until 2009 when Propolis started to renovate it with the help of volunteers. The brewery is an educational centre focused on history and local handicrafts as well as a social and cultural centre. There is a Museum of Daily Life hosting interactive exhibition on traditional rural life. Propolis has recently established a social enterprise producing beer and employing people with mental and physical disabilities. The aim of the workcamp is to help with the ongoing renovation of the brewery.

Work: The work is manual and will be physically very demanding: you will do different renovation works in the brewery (carrying material, digging, building a stone wall, etc.) and in the garden. Bring warm and waterproof clothes and working clothes that can get dirty or damaged. You will need very good working shoes!! Please note that you may work in a dusty environment.

Study part: Learn some traditional masonry. Get some knowledge about the history of the place, the history and the future of the brewery and the way beer used to be and is now produced here. Learn about traditional rural life from the local Museum of daily life run by Propolis. There is also a possibility to visit the Museum of beer in Pilsen. An intercultural evening with the locals will be organized.

Leisure time: In the afternoons after work or during the free days, you can visit one of the surrounding castles, a nature preserve or go swimming in a nearby river.

Accommodation/Food: In one big light room (100m²) inside the brewery. Bring a sleeping bag and a sleeping mat. There is a bathroom, a washing machine and a kitchen. The local partner prepares the food with occasional help of the volunteers. Take some crucial ingredients or local products to prepare your traditional food for an intercultural evening.

Location: The village of Chric (about 200 inhabitants) in the Western part of Bohemia. It is very isolated and the connection by public transport is poor. In the village you can find a shop, a post office and a church. The locality is not very populated and has beautiful nature.

Meeting point: Chric. The meeting time is usually in the afternoon. Please note it takes at least 3 hours to get there from Prague. The exact info will be provided in the infosheet.

Note: The workcamp is especially suitable for volunteers who are interested in

history and culture. The group will be composed of 6 Welsh, 4 international volunteers and 2 Czech campleaders.

Referencia: 6

Code: SDA109

Year: 2016

Name: Volunteering in Region of Living Waters

Location: PRAGUE 2

Address:

Project: RENO-ENVI - Restoration-Environmental

Initial Date: 31/07/2016

Final Date: 13/08/2016

Min Age: 18

Max Age: 30

Places: 1

Description of Workcamp:

Project: The workcamp is located in the micro-region Slavkovsky les, Western Bohemia, also called ¿region of living waters¿ thanks to its many water springs and spa towns. The region has lots of interesting but abandoned sights. The project is organized by the Association of municipalities Slavkovsky les dealing with sustainable rural development, protection of the landscape, preservation of regional cultural sights and ecotourism. The goal of the workcamp is to support several communities of the region depending on where the help will be needed. All the communities are very small villages so most of the activities will take place in rural areas, in the countryside. You will also work in a historical botanic garden in the town of Becov. This year, the workcamp will be organized for 11th time.

Work: The work will be manual and will take place in different public spaces in different villages (forest, nature path, church, garden, etc.). The tasks will range from gardening, cutting and raking grass to cleaning and maintenance. With the exception of work in the church, most of it will be done outdoors, in green areas. Volunteers will work 1-2 days in each location of the micro-region. The tasks can change according to current needs of the communities involved and the weather conditions. Take suitable working clothes, good working boots and rain-gear.

Study part: Excursion with a lecturer to the nature protected reserve (NPR Slavkovsky les), taking part in a culture event in Becov Botanical Garden (festival ¿Planet Earth¿), music festival in the village of Utery, ceramics workshop and linocut, movie night with the theme of the period after WWII in the region, international cooking.

Leisure time: You can visit famous spa towns in the region (e.g. Carlsbad/Karlovy Vary or Mariánské Lázně), do some sports, go hiking in the surrounding countryside or organize non-formal meeting with local community. It is possible to have a campfire, go swimming, etc. Bring also some of your favourite local recipes and games.

Accommodation/Food: 1st week (Otrocin): big room of a football club. Mattresses will be provided but bring your own sleeping bag! There is a common room for eating (but not a kitchen!) and a bathroom. Be ready for basic conditions. 2nd week (Vidzin): hostel (in rooms; kitchen, bathroom and common room available). You will prepare breakfasts and snacks on your own. Lunches and dinners will be provided in local pubs.

Location: Accommodation: two small villages Otrocin and Vidzin. Work: different communities of the micro-region Slavkovsky les and a town of Becov nad Teplou (the site of the botanical garden). You will be transported between the locations by cars.

Meeting point: Otrocin. The meeting time is usually in the afternoon. Please note it takes at least 3 hours to get there from Prague. The exact info will be provided in the infosheet.

Referencia: 7

Code: SDA110

Year: 2016

Name: Get involved in Odolena Voda

Location: PRAGUE 2

Address:

Project: ENVI-KIDS - Environmental-Work with kids

Initial Date: 06/08/2016

Final Date: 20/08/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: The workcamp takes place in a small town of Odolena Voda in cooperation with the local town hall. The town hall aims at creating good conditions for living, working, spending free time and enjoying the environment for its inhabitants. The main focus of the town hall is currently on landscape regeneration and leisure time activities, such as social and cultural events or sports facilities. The aim of the workcamp is to help with the renovation of the public space in the town, creating play structures for children and cooperation with the outdoor children camp. This year, the workcamp will be organized for the 2nd time.

Work: The work will manual and can be physically demanding. The tasks can include creating simple play structures from natural materials (digging a hole, putting logs, branches, ropes), renovating flower beds in the town, planting bushes in case of good weather (digging holes, planting, watering), creating a ponton on a local lake, maintenance of other public areas (painting of fences, repairing benches, etc.). As a lot of work will be done outside, please bring solid shoes.

Study part: Meet the locals, get to know the local culture. During the workcamp, an international literary evening ¿Meeting of Languages¿ will be organized in a house where a significant Czech poet Vítězslav Hálek was born. You can get involved in the program by reciting shorts extracts of your favourite book or poem to the other volunteers and the public (in English or even in your native language). Please bring your favourite novel or book of poems, preferably in hard copies, that you would like to present at the event. There will be some activities for and with local kids.

Leisure time: Visiting a local church and a fortress, hiking trip to close-by volcanoes, a trip to Prague, to the Veltrusy castle or a cycling trip to the town of Melnik. There is a possibility to use the community sports facilities ¿ a hall for basketball, voleyball, tennis and beachvoleyball courts.

Accommodation/Food: In the gym of a primary school. A kitchen and a bathroom will be available. You will sleep on mattresses in your own sleeping bags. Please, bring your sleeping bag and a light mat! You will cook your own meals, some meals will be provided in the local restaurant.

Location: A small town of Odolena Voda (population of 6500), at approximately half an hour from the outskirts of Prague by bus.

Meeting point: Odolena Voda. The meeting time is usually in the afternoon. Please note it takes at least 30 minutes to get there from Prague. The exact info will be provided in the infosheet.

Note: The workcamp is suitable for volunteers who like working manually in the

nature but also are creative and enjoy activities with children. Moreover, if you like literature (prose or poetry reading), it is a perfect choice for you! The group will be composed of 6 Welsh, 9 international volunteers and 2 Czech campleaders.

Referencia: 8

Code: SDA203

Year: 2016

Name: Castle Hartenberg Art

Location: PRAGUE 2

Address:

Url: www.inexsda.cz

Project: ART-FEST - Art camp - Festival

Initial Date: 02/07/2016

Final Date: 16/07/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: The workcamp is held on a castle in Western Bohemia called Hartenberg. It is organized in cooperation with the local NGO Hartenberg that supports volunteering and environmental education and takes care of the ruin of the castle. With the help of workcamps, the ruin has been renovated since 1999. Today, parts of the castle, the courtyard and the nearby old school, are used for educational, social, cultural and ecological activities for the public. For the last 3 years, the castle has been part of the educational campaign called Football for development that involves disadvantaged youth from Kenya and Czech Republic. The aim of the workcamp this year is to help with the organization of one part of the Football for Development Campaign, do some artistic creations and manually help at the castle.

Work: The work will be both manual and creative. You will help with the preparation and running of the Action Day of the Football for Development Campaign. It is a public event with culture program and a football tournament of several teams (local and international). Your tasks can vary according to the current needs (e.g. make a football team and train for the match, run a workshop for kids, some logistical support, etc.). The rest of the time will be devoted to creative documentation of the castle and its surroundings, historically important people and the nature around. You will also work on promotional materials. Your works will be exhibited at the castle. You will also help a few days with some manual renovation works currently needed.

Study part: Intercultural evenings, movie screening, workshops, excursion to the nearby beehives. You can also learn about the history of the region and the Kenyan culture.

Leisure time: You can go hiking in the mountainous countryside, visit some of the famous spa-towns in the region, go canoeing, do some sport activities and play music. During the weekends there will be time to go on whole-day trips, too.

Accommodation/Food: In a cottage near the castle in 2 common rooms. The accommodation is very basic; please don't expect any comfort! Take a sleeping bag and a sheet to cover the mattress with you. The toilet and showers will be provided in a container that is located in the courtyard. You will cook some meals for yourselves in a small kitchen and some meals will be prepared by a cook. Bring your local recipes.

Location: The castle ruin is situated near the tiny village of Hrebenny in western Bohemia.

Meeting point: Hrebenny. The meeting time is usually in the afternoon. Please note

it takes at least 3 hours to get there from Prague. The exact info will be provided in the infosheet.

Note: The workcamp is especially suitable for active and creative volunteers. Please take good walking boots, warm cloths and raingear with you.

Referencia: 9

Code: SDA205

Year: 2016

Name: Jewish Holesov

Location: PRAGUE 2

Address:

Url: www.inexsda.cz

Project: RENO-CULT - Restoration-Cultural

Initial Date: 19/07/2016

Final Date: 02/08/2016

Min Age: 18

Max Age: 30

Places: 1

Description of Workcamp:

Project: The workcamp takes place in Holesov, a small Moravian town, known for its large pre war Jewish community. The community was wiped-out during World War II and has only very few members today. The workcamp supports the work of the Culture centre of Holesov which maintains the local Jewish cemetery and other Jewish monuments in the town and organizes the festival of Jewish culture called ¿Jewish Culture Week¿ which will take place during the workcamp. The goal of the workcamp is to help logistically with the organization of the festival, to maintain the Jewish cemetery and to get to know the local culture.

Work: You will work on the local Jewish cemetery and in the synagogue (about 90% of the working time) where you will help to maintain outdoor areas. The work can include cleaning of pavements, liquidating of invasive plants, painting, grinding off etc. Furthermore, you will help with the technical preparations of the festival ¿Jewish Culture Week¿ which takes place in Holesov during the workcamp (10% of the working time). Bring suitable working clothes with you. The work might be physically demanding, weekends are usually working days (because of the festival) but you will get days off during the week.

Study part: You can learn more about the Jewish culture, visit local monuments and see concerts, performances and films during the festival. You will have a chance to meet local community during a barbecue organized in the garden of a local castle or at a traditional lunch with the representatives of the town of Holesov. It is also possible to prepare some activities with and for the local community (such as visiting summer camp for children or a community centre for seniors).

Leisure time: Trips to the surroundings (e.g. UNESCO site of Kromeriz), free entrance to cultural activities organized by the local cultural centre, free access to the local swimming-pool.

Accommodation/Food: In a hostel in the centre of Holesov. There are beds with pillows and blankets at your disposal. You will prepare your own meals. During the festival you will have a chance to try Jewish cuisine.

Location: Holesov, a middle-sized town with around 12.000 people in the south-east of the Czech Republic

Meeting point: Holesov. The meeting time is usually in the afternoon. Please note it takes at least 4 hours to get there from Prague. The exact info will be provided in the infosheet.

Note: Volunteers interested in the Jewish culture are especially welcome!

Referencia: 10

Code: SDA206

Year: 2016

Name: Castle Ryzmburk

Location: PRAGUE 2

Address:

Url: www.inexsda.cz

Project: RENO-CONS - Restoration-Construction

Initial Date: 14/08/2016

Final Date: 27/08/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: It is the first time that the workcamp is held in the town Osek in Northern Bohemia in cooperation with the town hall and An Association for Revitalization of the Castle Ryzmburk. The town is significant for its Cistercian monastery from the 13th century which is declared a national monument, and the Castle Ryzmburk. Ryzmburk is a well-preserved ruin of a Gothic castle on a rocky promontory with an area of 8.500 m². It is one of the largest castle complexes in the Czech Republic. The aim of the workcamp is to contribute to the renovation of a part of the castle and also help with the organization of a local cultural event in the monastery complex.

Work: Work will be manual and mainly physically demanding. You will mainly work at the castle on these tasks: construction works (collecting, carrying and sorting of stones, mixing mortar, building of a stone path), renovation and cleaning works (cleaning of castle walls, garbage collection, weeding, cutting and burning of branches). Little archaeological works are also possible: searching ceramics fragments, bones etc. The work will be carried out outside so be ready for different types of weather. It is necessary to bring working clothes and shoes that can get dirty and a raincoat.

Study part: You can get involved in the organization of a local cultural event in the monastery complex. A tour around the whole compound, including all the gardens, will be prepared for you. It will be possible to organize informal meeting in a social centre with the presentation of different cultures.

Leisure time: Bathing in the local outdoor swimming pool, sports on the town's sports ground (volleyball, beach volleyball, badminton, football, etc.), discgolf in the city park, visit to a local brewery in a monastery, hiking, visit the spa in Teplice, silver mines tour in Krupka.

Accommodation/Food: In cabins for 2 persons in an auto camping. Bring your own sleeping bag! Bathrooms in a separate building. There is also a public swimming pool. Meals will be provided - hot lunches will be brought to the castle, other meals will be provided in the camping.

Location: Castle Ryzmburk, about 2,5km north of the town Osek on the slopes of the Ore Mountains (Krušné hory). The town Osek has about 5 thousand inhabitants. You will get to the castle every day by walking - it is about 30 to 40-minute journey up the hill. Be prepared that the weather can be cold; the site is located near mountains.

Meeting point: Osek. The meeting time is usually in the afternoon. Please note it takes at least 1 hour to get there from Prague. The exact info will be provided in

the infosheet.

Note: The workcamp is suitable for physically fit volunteers interested in history.

Referencia: 11

Code: SDA303

Year: 2016

Name: Social Therapeutic Centre Tabor

Location: PRAGUE 2

Address:

Url: www.inexsda.cz

Project: CONS-AGRI - Construction - Agriculture

Initial Date: 03/07/2016

Final Date: 17/07/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: This is the first time that the workcamp is held in the little village Nová Ves nad Popelkou in Eastern Bohemia in collaboration with the local Social Therapeutic Centre Tabor. The mission of the centre is to integrate people with various disabilities into the society, by means of living in a community and working in biodynamic agriculture and craft workshops. They are inspired by Camphill communities. Besides, the centre supports a community life in the village by maintaining folk traditions and customs. The centre is also a training space for educational programs focused on Waldorf pedagogy; various educational events for schools and public take place here. The aim of the workcamp is to help with the construction of a shelter for agriculture machines and with practical agricultural tasks.

Work: The work will be manual and physically demanding. The tasks will include: construction of a shelter (cleaning of the space, preparation of wood, building of a wooden construction, roofing), working with hay (loading hay bales on a tractor and unloading them in a barn), cleansing of a potato field (weeding, removing potato beetles). An experienced builder will supervise the construction work and preparation of wood. We will work outside so it is necessary to bring sun protection (light clothing, a hat) as well as waterproof shoes and a raincoat. When working with hay you must wear long sleeves, trousers and fully enclosed shoes.

Study part: Visit to a museum - exhibition of local history and culture, exposition of semi-precious stones, excursion to a geologist & presentation of the processing of gems from local deposits, lectures on biodynamic agriculture and Czech history.

Workshops: working with wood, woodworking, working with beeswax, bread baking, production of homemade jams.

Leisure time: Visit to the music festival Lomnické kulturní léto (Cultural Summer of Lomnice) - according to the program; trips around - both on foot and by train (Tábor observation tower, ruins of Kumburk and Bradlec, Bohemian Paradise rock town - all-day trip), swimming pool, cinema.

Accommodation/Food: In a historical wooden cottage in several rooms with beds (bed linen provided). There are 3 bathrooms, washing machine, kitchen with an oven, common room, outdoor fireplace. You will have an opportunity to cook for yourselves or you can only help with the cooking. Food comes from our own farm (bio) or other local farms. Meals are always cooked for everyone in the house, mainly vegetarian dishes.

Location: Nová Ves nad Popelkou (650 inhabitants) & Social Therapeutic Centre Tabor. It is located on the edge of CHKO (Nature Protected area) Bohemian Paradise. A nearby town & Lomnice nad Popelkou (with services such as restaurants, swimming pool, shops) & is about 4km far away. The historical town

Jičín is 20km away.

Meeting point: Nová Ves nad Popelkou. The meeting time is usually in the afternoon. Please note it takes at least 2,5 hours to get there from Prague. The exact info will be provided in the infosheet.

Note: The workcamp is especially suitable for those who are interested in social work, ecology, healthy lifestyle, crafts or arts. The premises of the Centre Tábor (both house and garden) are non-smoking, we also do not drink alcohol here. Two people are permanently living in the house. Information for allergic persons: we have cats.

Referencia: 12

Code: SDA305

Year: 2016

Name: Organic Farming at Camphill Community II

Location: PRAGUE 1

Address:

Project: AGRI-RENO - Agriculture - Restoration renovation

Initial Date: 31/07/2016

Final Date: 13/08/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp:

Project: The workcamp takes place in the village of Ceske Kopisty where the local NGO Camphill Ceske Kopisty runs a family-like community centre both for people with (mental) disabilities and for those without any kind of disability who work and live together. The Camphill community in Ceske Kopisty is inspired by the Camphill movement and the ideas of anthroposophy. Besides therapeutic activities for the clients (including pottery and textile workshops), the community runs an organic farm focused on vegetable production and based on the rules of bio-dynamic farming. Camphill has recently set up a social enterprise which helps to sustain the community centre by selling agricultural products. The aim of the workcamp is to support the farm.

Work: The organic farm of Camphill is very dependent on manual work and it would be impossible to maintain the agricultural project without the voluntary work. The volunteers will perform two different kinds of manual work. Firstly, they will be helping on the organic farm - planting, watering, weeding, harvesting, cleaning, storing. Secondly, some minor construction and renovation works will be done depending on current needs. Bring good working clothes and shoes.

Study part: Lectures and discussions about the Camphill movement, Steiner´s anthroposophy, biodynamic agriculture and healing pedagogy not only for disabled people. Workshops on different handicraft techniques (making carpets, wooden jewellery or beeswax candles) can be organized for you. It will be also possible to organize international evening to exchange about volunteers, nationalities. Bring your favourite recipes and some specific ingredients.

Leisure time: You can visit the nearby Terezin Memorial at the location of the former concentration camp for Jews, the Terezin Ghetto, make trips to the surrounding towns (a historical town of Litomerice, Usti nad Labem with a brewery and a zoological garden and Zernoseky with a wine cellar) and visit some summer cultural events. There is also the possibility for many outdoor activities - hiking, swimming in the river, cycling, football, ect.

Accommodation/Food: In 1 attic room on mattresses. Bring a sleeping bag! A common room, 2 showers with hot water and 2 toilets are available. Products for cooking will be provided and will include bio vegetables from the farm. You will prepare breakfasts and dinners on your own, lunches will be shared with all the members of the community. If needed, you will assist with the preparation of the meal.

Location: Ceske Kopisty, a small village near the historical town of Litomerice.

Meeting point: Terezin. The meeting time is usually in the afternoon. Please note it takes at least 3 hours to get there from Prague. The exact info will be provided in the infosheet

the infosheet.

Note: As you will stay in a community for people with mental health issues, smoking and the consumption of alcohol and drugs are forbidden within the community area. Please respect night-time peace and the privacy of the clients¿ accommodation.

Referencia: 13

Code: SDA306

Year: 2016

Name: Therapeutic and community garden

Location: BENESOV

Address:

Project: ENVI-RENO - Environmental-Restoration

Initial Date: 03/08/2016

Final Date: 16/08/2016

Min Age: 18

Max Age: 30

Places: 1

Description of Workcamp:

Project: For the first time, a workcamp is held on the outskirts of the city Brno (Tuřany) in cooperation with the local association Práh. Práh helps to promote and defend the rights of people with mental illness and improves the public perception of people with mental illness. It helps the clients to overcome problems related to mental illness in basic life areas: work, independent living, education, healthcare, interpersonal, family and partner relationships, leisure time etc. The aim of the workcamp is to create a cosy place in the garden of association Práh which will serve the clients and the public for therapy and relaxation. The workcamp will also contribute to the project within which the garden will also be used for agriculture production (herbs, vegetables).

Work: Work will be manual. The beginning of the workcamp will be devoted to the cultivation of the garden. We will start with removing branches from fences. We will also cut the bushes and clean the garden space. After the cleaning we will start building garden beds. In case of rain or if we have time we will put down a wall in a cellar and we will clean out the cellar. After that we will bring straw and prepare conditions for oyster mushroom cultivation. The volunteers will also get involved in social therapeutic workshops where they will work together with the clients; they will for example make labels for the trees and insect houses. Bring working clothes and solid shoes. You will also work one weekend together with Czech volunteers.

Study part: There will be an introductory session for the volunteers introducing them with the organization, with the target group and activities that take place in the association. You will have a chance to meet the clients of the association and local people (campfire together with the Czech volunteers).

Leisure time: Tour through the city Brno (the city centre and its surroundings, visit of the quarry Hády with the view of the whole Brno, visit to the Lama centre), cultural activities according to current offer (concerts, festivals of food, bathing at Brno Reservoir). One day before the end of the workcamp the garden will be open to the public, there will be a campfire and a concert.

Accommodation/Food: In former school that now serves as premises of the association. There will be 1-2 rooms equipped with sleeping mattresses, big common room, showers and kitchen with basic equipment. Lunches will be provided (imported from a canteen), vegetarian variant possible. You will prepare your own breakfasts and dinners.

Location: Tuřany - peripheral part of Brno, second largest city in the Czech Republic. The workcamp will take place in the premises of association Práh - in an old school building with a big garden and cellars. There are many workshop rooms in the old school where clients work with their hands.

Meeting point: Brno. The meeting time is usually in the afternoon. Please note it takes at 2-3 hours to get there from Prague. The exact info will be provided in the infosheet.

Note: Workcamp is suitable for volunteers interested in garden work, social and therapeutic work.

Referencia: 14

Code: SDA404

Year: 2016

Name: Arboretum Domazlice

Location: PRAGUE 2

Address:

Project: ENVI-CULT - environmental-cultural

Initial Date: 28/07/2016

Final Date: 11/08/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp:

Project: This is the first year that the workcamp takes place in Domažlice and two neighbouring localities in cooperation with local association Chodsko žije! (Chodsko is alive!), an association for culture and development. The main activity of the association is bringing together local people and organizations for common educational and cultural activities. It also takes care of a vast arboretum (90-year-old park). The arboretum is declared a significant landmark and it serves for environmental education of pupils and local people. The aim of the workcamp is to contribute to the long-term development of the arboretum and parks nearby (at the state castle Horšovský Týn and Linden Tree Alley of Countess Mitsuko Aoyama near the village of Pivoš;) and also to help with organizing local cultural event.

Work: The work will be manual and physically demanding. It will take place in different locations, mainly in green areas. You will help with cleaning out of an old barn, construction of a little pond (digging), founding of flowerbeds, maintaining paths in the park, planting of trees and bushes, cleaning the courtyard. There will also be a possibility to participate in the organization of the local cultural and theatre festival žDomazlicky Kulturovar 2016ž. If you are interested you can also try creating a piece of land art. Please bring a raincoat and good working shoes. Be ready to work in all kinds of weather.

Study part: Getting to know the unique local folklore, landscape and specific crafts, particularly by visiting museums, attending workshops, international evenings and excursions. Within the festival žDomazlicky Kulturovar 2016ž there will be an opportunity for you to prepare and present a short performance (musical or other) that is related to your culture and is based on your own creativity.

Leisure time: Chodsko region offers many natural beauties (Nature Protected Area žCesky Lesž), sports activities (tennis, football, karate, cycling, swimmingž). There are also other interesting towns near Domažlice, e.g. Klatovy (catacombs) or Pilsen (European Capital of Culture 2015).

Accommodation/Food: In a youth home located in the historical centre of Domažlice on beds equipped with bed linen. There are several bathrooms and an equipped kitchen. A pair of volunteers will prepare meals every day.

Location: Arboretum (area of 4 ha) in Domažlice, south-west of the Czech Republic. Another working place will be in the park nearby the castle Horšovský Týn and in the area of little village Pivoš; (in a local valuable alley). Transportation between sites will be arranged by public transportation or on bikes provided by the host.

Meeting point: Domazlice. The meeting time is usually in the afternoon. Please note it takes at least 2,5 hours to get there from Prague. The exact info will be provided in the infosheet.

Note: The workcamp is especially suitable for volunteers interested in nature and land art. It is a perfect opportunity for musicians or ethnology students (they will have a chance to learn more about local folklore). There will be a lot to do but it will worth it! ¶; Volunteers over 30 are especially welcomed.

Referencia: 15

Code: SDA408

Year: 2016

Name: Protected meadows in Zitkova

Location: BENESOV

Address:

Project: ENVI - Environmental

Initial Date: 23/07/2016

Final Date: 06/08/2016

Min Age: 18

Max Age: 30

Places: 2

Description of Workcamp: Project: It is known that cutting a meadow by scythe fosters its biodiversity. It is also known that it is fun. Therefore, every summer in the last 20 years, members of the environmental NGO ĽBrontosaurus MařaticeĽ have been coming to Hutě natural reserve for annual haymaking. People of all ages and backgrounds have been cutting grass, collecting hay and watching the hills to flourish. This year is the first for workcampers to be there. Don't miss it!

Work: Depends on the weather and preceding groups. The job may include scything, raking and delivering hay to farmers, protecting trees, opening bio corridors, cleaning nearby stream, collecting biomass, collecting and drying herbs, building protective fences. We may also help the locals and do other natural reserve related tasks. Your help is also needed in our lodging place so cleaning, cooking and food delivery will also be part of the job. The meadows can be very wet so bring waterproof working shoes (or rubber boots) and rain-gear. Be aware that scythe is a dangerous tool and has to be handled cautiously.

Study part: Lectures or visits on one or more of the following will be available: Hutě ecosystem, beekeeping, local history and myths (the so called ĽGoddesses of ZitkovaĽ), birds ringing.

Leisure time: A visit of beautiful Slovakian city of Trenčin will be scheduled on one of the free days but you can always hike in the mountains, swim in a nearby pond (2 km), collect mushrooms and herbs, sing or play music etc. Bring your musical instrument if you have any!

Accommodation/Food: In tents or in a cottage attic. In case of good weather it is also possible to sleep outdoors on the meadows. The nights can be very cold so bring a very warm sleeping bag, sleeping mat and warm clothes. You will wash yourself in a small stream next to the campsite and you'll use dry toilets. Improvised hot shower may be setup. Food will be cooked by the volunteers in a well equipped kitchen.

Location: Natural reserve Hutě in White Carpathian Mountains close to Ľitková village. The campsite is remote, located 2 km from the village and bus station.

Meeting point: Stare Mesto u Uherskeho Hradiste railway station. Please note that it takes at least 3 hours to get there from Prague. The exact info will be provided in the infosheet.

Note: The camp is suitable for volunteers who are not afraid of living and working in rougher conditions in close contact with nature. It is an amazing experience but be aware that there is no wifi, mobile signal is scarce and the place is quite

remote. It is not recommended to people allergic to grasses (hay fever), wasps or bees.

Codes Order

Workcamp	Code	Type	Ages	Date	Places	Ref.
República Checa						
Foster the City (CARTA DE MOTIVACIÓN)	SDA103	CONS-CULT	18 - 30	03/07/2016 - 17/07/2016	2	1
Friendly Hospitality House	SDA105	RENO-ENVI	18 - 30	17/07/2016 - 30/07/2016	2	2
Community life in Mnichovo Hradiste	SDA106	RENO-CULT	18 - 30	24/07/2016 - 07/08/2016	2	3
Culture and sports in Harrachov	SDA107	RENO-CULT	18 - 30	19/07/2016 - 03/08/2016	1	4
Old Brewery Chric	SDA108	RENO	18 - 30	23/07/2016 - 05/08/2016	2	5
Volunteering in Region of Living Waters	SDA109	RENO-ENVI	18 - 30	31/07/2016 - 13/08/2016	1	6
Get involved in Odolena Voda	SDA110	ENVI-KIDS	18 - 30	06/08/2016 - 20/08/2016	2	7
Castle Hartenberg Art	SDA203	ART-FEST	18 - 30	02/07/2016 - 16/07/2016	2	8
Jewish Holesov	SDA205	RENO-CULT	18 - 30	19/07/2016 - 02/08/2016	1	9
Castle Ryzmburk	SDA206	RENO-CONS	18 - 30	14/08/2016 - 27/08/2016	2	10
Social Therapeutic Centre Tabor	SDA303	CONS-AGRI	18 - 30	03/07/2016 - 17/07/2016	2	11
Organic Farming at Camphill Community II	SDA305	AGRI-RENO	18 - 30	31/07/2016 - 13/08/2016	2	12
Therapeutic and community garden	SDA306	ENVI-RENO	18 - 30	03/08/2016 - 16/08/2016	1	13
Arboretum Domazlice	SDA404	ENVI-CULT	18 - 30	28/07/2016 - 11/08/2016	2	14
Protected meadows in Zitkova	SDA408	ENVI	18 - 30	23/07/2016 - 06/08/2016	2	15
Total N° Campos: 15					Total N° Plazas:	26

Dates Order

Workcamp	Code	Type	Ages	Date	Places	Ref.
Castle Hartenberg Art	SDA203	ART-FEST	18 - 30	02/07/2016 - 16/07/2016	2	8
Foster the City (CARTA DE MOTIVACIÓN)	SDA103	CONS-CULT	18 - 30	03/07/2016 - 17/07/2016	2	1
Social Therapeutic Centre Tabor	SDA303	CONS-AGRI	18 - 30	03/07/2016 - 17/07/2016	2	11
Friendly Hospitality House	SDA105	RENO-ENVI	18 - 30	17/07/2016 - 30/07/2016	2	2
Jewish Holesov	SDA205	RENO-CULT	18 - 30	19/07/2016 - 02/08/2016	1	9
Culture and sports in Harrachov	SDA107	RENO-CULT	18 - 30	19/07/2016 - 03/08/2016	1	4
Old Brewery Chric	SDA108	RENO	18 - 30	23/07/2016 - 05/08/2016	2	5
Protected meadows in Zitkova	SDA408	ENVI	18 - 30	23/07/2016 - 06/08/2016	2	15
Community life in Mnichovo Hradiste	SDA106	RENO-CULT	18 - 30	24/07/2016 - 07/08/2016	2	3
Arboretum Domazlice	SDA404	ENVI-CULT	18 - 30	28/07/2016 - 11/08/2016	2	14
Volunteering in Region of Living Waters	SDA109	RENO-ENVI	18 - 30	31/07/2016 - 13/08/2016	1	6
Organic Farming at Camphill Community II	SDA305	AGRI-RENO	18 - 30	31/07/2016 - 13/08/2016	2	12
Therapeutic and community garden	SDA306	ENVI-RENO	18 - 30	03/08/2016 - 16/08/2016	1	13
Get involved in Odolena Voda	SDA110	ENVI-KIDS	18 - 30	06/08/2016 - 20/08/2016	2	7
Castle Ryzmburk	SDA206	RENO-CONS	18 - 30	14/08/2016 - 27/08/2016	2	10
Total N° Campos: 15				Total N° Plazas: 26		