# Sports for Children VINWC19-10-19

### **Project details**

Name: Sports for Children

Type of work: Work with kids (KIDS) - Educational (EDU) - Sport (SPOR)

Country: NEPAL

Location: KATHMANDU

Address: Tarakeshwor: Tarakeshwor municipality is situated in the outskirts of Kathmandu

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

### **Description**

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VIN mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

Background/Project: VINs Children Development Program not only focuses childrens education part, it also gives priority to sports. Due to its vast reach, unparalleled popularity and foundation of positive values, sport is definitely one of the greatest things man has ever created. Its also a powerful tool that breaks down all the barriers and helps us feel good about ourselves, both physically and mentally. Sport is quite beneficial for children: by playing sports children develop physical skills, exercise, make new friends, have fun, learn to be a team member, learn about play fair, improve self-esteem, etc.

The enhancement of physical and mental development of children is certainly the most important contribution of sports, but the list of values your child may learn and acquire through sports does not end here. Other positive aspects are numerous, which reveals the true beauty of sport.

No other thing in life gives children such opportunity to develop positive character traits and to soak up many quality values as sports does.

Similarly, physical activity has an immense impact on not only childrens physical health and development but on their psychological health as well. Sport more specifically can have an even greater impact in these areas of growth while improving social skills in the process. Sport provides children with the perfect outlet to keep them active while having fun and learning valuable life skills.

There is truth in that sports bring people together. Seize the opportunity and share your love for sports, or a sport of your liking, with the children of Nepal. Football, volleyball and cricket are big in Nepal while other sports are only now beginning to take root. As a volunteer sports coach/teacher you would bring joy among the children. Objectives:

To teach or coach any sport to the children and develop the basic skills

To enable children create friendships, teamwork and benefits for social interaction, help building positive self-esteem, and increasing feelings of physical and mental well-being in children.

Work and activities:

Teach/coach different sports (football, volleyball, basketball, badminton or any other) to the children and teachers. Organize and conduct interschool sports events (indoor and outdoor) together with local staffs.

#### Accomodation and food:

The volunteers will stay with the host family/hostel identified by VIN. The living facilities are simple and basic. Male and female volunteers will share the same living area with separate rooms. The volunteers sleep on simple beds / mattress. Please bring your sleeping bag.

# **Sports for Children**

VINWC19-10-19

#### Location and leisure:

VIN will take you to a half day cultural sightseeing. Either before, during or after your workcamp. VIN also organizes weekends travel tours to Chitwan Jungle Safari, Pokhara, Nagarkot at an additional cost if you are interested.

#### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

### **Additional information**

#### Location:

Tarakeshwor: Tarakeshwor municipality is situated in the outskirts of Kathmandu District. It is around 10-15 km from main ring road to Balaju, Kathmandu covered with hills, fields and woods.

#### Remarks

Participation Fee: The participation fee is 180 Euros (+30 Euro for transportation), which is to be paid on arrival at VIN Office.

The Participation Fee Covers:

Food and Accommodation: Nepali Standard at a local host family 3 meals a day Transportation: Airport pick up and pick up and drop to the working community site Materials for the work-camp and community development projects support Local volunteers support cost VIN T-shirt, and certificate of participation 24 hours emergency support VIN admin cost.

### How to get

Airport: KTM

# **Children's Summer Camp**

VINWC19-11-19

**Project details** 

Name: Children's Summer Camp

Type of work: Educational (EDU) - Construction (CONS) - Cultural (CULT)

Country: NEPAL

Location: OKHALDHUNGA
Address: Okhaldhunga

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

#### Description

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VIN mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

Background/Project: Childrens Development is one of the major programs in VINs Integrated Community Development Approach. The Goal of the Childrens development program is to protect the rights of all children by providing them access to basic quality education, developing their life skills & providing access to health services through community health program.

Even in recent days in Nepal, schools are focusing on examination and are doing less for developing the creativity of the students. Teachers only focus on reading and writing a rote learning. The creativity of children is not explored. Due to the busy work schedule of parents, most of the children do not have the opportunity to socialize and be creative. To provide opportunities to children (aged 6-12 years old) on socialization & creativity, such type of camps is very essential.

At VIN working area Okhaldhunga, children dont have a proper structure and environment at home or school to develop their innate talents. Children's camp (at winter and summer breaks) is one of the best places to explore their innate talents and creativity. In this work camp, national & international volunteers facilitate different types of fun and creative activities for the target children where VIN works.

#### Objectives:

To provide unique opportunity for overall development (social, emotional, physical, mental, creativity) & provide funtime for children aged 6-12 utilizing their vacation period.

To promote friendship, understanding and solidarity among local young volunteers and cross-national volunteers. To provide opportunity to understand and appreciate the Nepalese culture and tradition via cultural immersion.

Work / Activities: The volunteers will conduct children's camp to promote their innate talents & creativity for their overall development such as physical, mental, social & emotional. During children camp volunteers can prepare sessions and take classes on following topics: Physical exercises, Team Building, Drawing, coloring & painting, Art, Craft & Origami, Singing and dancing, Drama, Music, and Hiking, Teaching language and so on.

Location: Okhaldhunga district which is 250 km from Kathmandu. It takes one-day travel by bus. A hilly and mountainous region surrounded by woods and fields.

## **Children's Summer Camp**

VINWC19-11-19

#### Accomodation and food:

The volunteers will stay with the host family/hostel identified by VIN. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 3-5 persons in one room. Volunteers are required to sleep on the simple beds. Please bring your sleeping bag. They will be provided three times food- breakfast, lunch and dinner in Nepali Standard.

### Location and leisure:

VIN will take you to a half day cultural sightseeing. Either before, during or after your workcamp. VIN also organizes weekends travel tours to Chitwan Jungle Safari, Pokhara, Nagarkot at an additional cost if you are interested.

### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

#### **Additional information**

#### Location:

Okhaldhunga

#### **Remarks**

The detail info sheet and acceptance letter will be sent from VIN after we receive your Complete Volunteer Exchange Form (VEF) from the sending organization.

Local Transportation: 30 EUR will be charged for the round trip to the placement.

#### How to get

Airport: KTM

### **Arts & Crafts with Children**

VINWC19-12-19

### **Project details**

Name: Arts & Crafts with Children

Type of work: Art type (ART) - Educational (EDU) - Work with kids (KIDS)

Country: NEPAL

Location: TARAKESHWOR/OKHARPAWA

Address: Tarakeshwor/Okharpawa

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

### Description

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VIN mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

# **Arts & Crafts with Children**

VINWC19-12-19

### Work:

Background/Project: Art is often considered the process or product of deliberately arranging elements in a way that appeals to the senses or emotions. It encompasses a diverse range of human activities, creations and ways of expression, including music, literature, film, sculpture and paintings.

Children of all ages love arts and crafts! They love getting creative, messy and admiring their masterpieces when they have finished and the great thing with arts and crafts is that they are aiding their development in many other areas too.

As kids manipulate a paintbrush, their fine motor skills improve. When children experiment with materials, they dabble in science. Most important perhaps, when kids feel good while they are creating, art helps boost self-confidence. This unrestricted exploration helps children form connections in their brain, it helps them learn and its also fun. It is a natural activity to support this free play in children.

Art and craft is a fundamental part of our everyday lives and encouraging children to learn about them will only benefit them as they get older. Art can help a child develop their feeling skills whilst craft will develop their thinking and coordinating skills. Art is communication of this common story that can brings us all together as humans. Art is important because other humans are important and it allows us to understand each other.

This project is developed to improve childrens creativity. This aids children to think creatively and how to connect with their imagination. Creativity can make children happier. They express their emotions through arts and craft making them feel calmer and happier. Its wonderful in childrens development. Art and crafts projects allows a child to practice their skills, like coordination (eg: cutting, shaping), understanding shapes and colours and explore their hidden interests and talents.

It can bring about positive life-enhancing change to you and the Nepalese people, both ways. As a volunteer you will be given the unique opportunity to teach arts and crafts, of your choice, and also learn the trade through the artistic lens of the Nepalese people. Arts and crafts would also include dance. Heres your chance to make a creative difference in Nepal through art.

### Objectives:

To provide opportunity for children to develop their creativity through art and crafts.

To promote the friendship, understanding and solidarity among local young volunteers and cross-national volunteers.

#### Activities:

Develop and conduct the session of drawing, painting, creating gifts and craft or any artistic expression among the children

Organize the activities of origami, collage work, music, dance etc.

#### Accomodation and food:

The volunteers will stay in Kathmandu for two nights until orientation. VIN covers two nights accommodation in twin sharing basis and provides lunch in its office on the orientation days. They have to cover breakfast and dinner themselves. Then they will be with the host family/hostel identified by VIN in Okhaldhunga. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 2-4 persons in one room. Volunteers are required to sleep on simple beds. Please bring your sleeping bag.

### Location and leisure:

VIN will take you to a half day cultural sightseeing. Either before, during or after your workcamp. VIN also organizes weekends travel tours to Chitwan Jungle Safari, Pokhara, Nagarkot at an additional cost if you are interested.

# Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

#### **Additional information**

### Location:

Tarakeshwor/Okharpawa

# Remarks

Participation Fee: The participation fee is 180 Euros (+30 Euro for transportation), which is to be paid on arrival at VIN Office.

PROJECT

# **Arts & Crafts with Children**

VINWC19-12-19

How to get

Airport: KTM

# Library Camp- (EDU, SOCI, KIDS, MANU)

VINWC19-13-19

### **Project details**

Name: Library Camp- (EDU, SOCI, KIDS, MANU)

Type of work: Educational (EDU) - Social project (SOCI) - Work with kids (KIDS)

Country: NEPAL

Location: OKHALDHUNGA
Address: Okhaldhunga

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

#### Description

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VINâ¿¿s mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

A library is a collection of sources of information and similar resources, made accessible to a specific community/school for reference or borrowing. It provides physical or digital access to material, and may be a physical building or room, or a virtual space, or both. Learners are at the centre of learning in the library. In Nepal, there are not enough training organized for teachers and children on how to use a library. So through this camp, volunteers will organize teaching and learning activities through the use of library resources. Itâ¿¿s a very fun and creative way of learning.

Work camps will be organized with the cooperation of local community schools under VINâ¿¿s childrenâ¿¿s development program and working together with local teachers/children/ villagers.

The schools where we are conducting camps lack facilities of a library and other infrastructure. Some schools have some collections, but they are not managed and used well. The rooms are not well painted and books are not arranged in a proper order. Children are not taught the skills of using a library and its importance.

Volunteers will not only manage the library, but will also organize activities with children at school and conduct some classes on how a library is managed and used. The library camp will help children to develop reading and writing skills. Volunteers with abilities on sports, arts & crafts, music, dance, drama, in & outdoor group games are welcome.

Through this project we want to give every student an opportunity to learn, to enjoy reading, and to create new knowledge and understanding by the use of a library.

# Objectives:

- $\hat{a}_{\dot{c}}\phi$  To work for a children development project and exchange the experience
- â¿¢ Help the school manage its library and teach children to use it in a regular basis.

### Work:

- â¿¢ Clean and maintain the library.
- â¿¢ Arrangement of resources in the library and record them in proper order.
- â¿¢ Paint and decorate the library room.
- â¿¢ Conduct the session with children and teachers for the proper use of library.
- $\hat{a}_{\dot{c}}\phi$  Organize different reading and/or writing activities with children in relation to the use of the library.

# Library Camp- (EDU, SOCI, KIDS, MANU)

VINWC19-13-19

#### Accomodation and food:

The volunteers will stay with the host family/hostel identified by VIN. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 3-5 persons in one room. Volunteers are required to sleep on the simple beds. Please bring your sleeping bag. They will be provided three times food- breakfast, lunch and dinner in Nepali Standard.

### Location and leisure:

You can go for the sightseeing at various cultural heritage sites around Kathmandu. VIN also organizes weekends travel tours to Chitwan Jungle Safari, Pokhara, Nagarkot at an additional cost if you are interested.

# Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

#### **Additional information**

#### Location:

Okhaldhunga

#### **Remarks**

The detail info sheet and acceptance letter will be sent from VIN after we receive your Complete Volunteer Exchange Form (VEF) from the sending organization.

Local Transportation: 30 EUR will be charged for the round trip to the placement.

#### How to get

Airport: KTM

## Health, hygiene & sanitation education

VINWC19-14-19

**Project details** 

Name: Health, hygiene & sanitation education

Type of work: Educational (EDU)

Country: NEPAL

Location: OKHALDHUNGA
Address: Okhaldhunga

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

#### Description

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VIN mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

Background/Project: Okhaldhunga, District of the Himalayas - This small paradise on the earth is in the Everest Region. It is located in Sagarmatha zone in the North-East part of Nepal. Okhaldhunga is one of the most beautiful places in Nepal. If Okhaldhunga is viewed with sacred vision, it has numerous sights which are fascinating. VINs Project site (Taluwa, Bhadaure and Thulachhap communities) is on the South-East part from the district headquarter, Okhaldhunga. From Kathmandu, bus route is about 250 km which is a rough trip that takes one day (9-12 hrs). In Okhaldhunga, VIN implements integrated approach to community development.

Because of the geographical situation, it has limited developmental activities and facilities. Unlike Kathmandu, Okhaldhunga has numbers of illiterate people.

### Objectives:

To involve the children and sensitize them about Health Hygiene and Sanitation issues.

To help develop the skills personal hygiene, sanitation, nutrition, etc.

#### Work / activities:

Conducting awareness campaign related with hygiene and sanitation in various schools Trash collection around the school area

#### Accomodation and food:

The volunteers will stay in Kathmandu for two nights until orientation. VIN covers two nights accommodation in twin sharing basis and provides lunch in its office on the orientation days. Then they will be with the host family/hostel identified by VIN in Okhaldhunga. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 2-4 persons in one room. Volunteers are required to sleep on the simple beds. Please bring your sleeping bag. When they are in the city after the evaluation, they are required to cover food and accommodation themselves.

#### Location and leisure:

VIN also organizes travel tours like Chitwan Jungle Safari, Pokhara, Nagarkot on extra costs if you are interested after your work camp.

# Health, hygiene & sanitation education

VINWC19-14-19

### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

### **Additional information**

### Location:

Okhaldhunga

#### Remarks

Participation Fee: The participation fee 180 Euros (+60 Euro for Transportation), which is to be paid on your arrivals at VIN Office.

Why Okhaldhunga and extra transportation fee:

Beautiful Himalayan region close to Mt. Everest.

Lacks development and basic infrastructure.

Very needy local area waiting for development.

Welcoming community and rich in culture.

Simple life style and smiling people.

Lovely environment and up and down hills.

Takes one day (250 km) by jeep or bus, both rough and paved drive from Kathmandu.

Enough support from local staff and community people.

Volunteers will fill they have really contributed for needy and poor community.

### How to get

Airport: KTM

# **Sports for Children**

VINWC19-15-19

### **Project details**

Name: Sports for Children

Type of work: Work with kids (KIDS) - Educational (EDU) - Sport (SPOR)

Country: NEPAL

Location: OKHALDHUNGA
Address: Okhaldhunga

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

#### Description

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VIN mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

Background/Project: VINs Children Development Program not only focuses childrens education part, it also gives priority to sports. Due to its vast reach, unparalleled popularity and foundation of positive values, sport is definitely one of the greatest things man has ever created. Its also a powerful tool that breaks down all the barriers and helps us feel good about ourselves, both physically and mentally. Sport is quite beneficial for children: by playing sports children develop physical skills, exercise, make new friends, have fun, learn to be a team member, learn about play fair, improve self-esteem, etc.

The enhancement of physical and mental development of children is certainly the most important contribution of sports, but the list of values your child may learn and acquire through sports does not end here. Other positive aspects are numerous, which reveals the true beauty of sport.

No other thing in life gives children such opportunity to develop positive character traits and to soak up many quality values as sports does.

Similarly, physical activity has an immense impact on not only childrens physical health and development but on their psychological health as well. Sport more specifically can have an even greater impact in these areas of growth while improving social skills in the process. Sport provides children with the perfect outlet to keep them active while having fun and learning valuable life skills.

There is truth in that sports bring people together. Seize the opportunity and share your love for sports, or a sport of your liking, with the children of Nepal. Football, volleyball and cricket are big in Nepal while other sports are only now beginning to take root. As a volunteer sports coach/teacher you would bring joy among the children. Objectives:

To teach or coach any sport to the children and develop the basic skills

To enable children create friendships, teamwork and benefits for social interaction, help building positive self-esteem, and increasing feelings of physical and mental well-being in children.

Work and activities:

Teach/coach different sports (football, volleyball, basketball, badminton or any other) to the children and teachers. Organize and conduct interschool sports events (indoor and outdoor) together with local staffs.

#### Accomodation and food:

The volunteers will stay with the host family/hostel identified by VIN. The living facilities are simple and basic. Male and female volunteers will share the same living area with separate rooms. The volunteers sleep on simple beds / mattress. Please bring your sleeping bag.

Sports for Children VINWC19-15-19

#### Location and leisure:

VIN will take you to a half day cultural sightseeing. Either before, during or after your workcamp. VIN also organizes weekends travel tours to Chitwan Jungle Safari, Pokhara, Nagarkot at an additional cost if you are interested.

### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

### **Additional information**

#### Location:

Okhaldhunga

#### Remarks

Participation Fee: The participation fee is 180 Euros (+30 Euro for transportation), which is to be paid on arrival at VIN Office.

The Participation Fee Covers:

Food and Accommodation: Nepali Standard at a local host family 3 meals a day Transportation: Airport pick up and pick up and drop to the working community site Materials for the work-camp and community development projects support Local volunteers support cost VIN T-shirt, and certificate of participation 24 hours emergency support VIN admin cost.

### How to get

Airport: KTM

# **House Rebuilding Support**

VINWC19-16-19

### **Project details**

Name: House Rebuilding Support

Type of work: Manual work (MANU)

Country: NEPAL

Location: TARAKESHWOR / OKHARPAUWA KATHMANDU

Address: Tarakeshwor / Okharpauwa Kathmandu

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

#### **Description**

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VINs mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

Many parts of the communities were destroyed to dust and many families lost their houses and properties during the 2015 earthquake. This massive earthquake not only left people poor but many people are now homeless and living in very cold and small temporary shelters. This tragic moment made VIN realize that the reconstruction of houses of poor families, public properties, religious temples, and cultural heritage sites should be a priority when supporting the people in the community.

After the devastating earthquake of 25th April, 2015, the situation in Nepal is desperate! VIN has been continuously involved in Relief work, which is divided into three phases; Rapid response / Rescue, Rehabilitation, Reconstruction & Sustainability.

VIN has already completed two phases, and we are now in the Reconstruction & Sustainability phase. This is a long term phase. We will be working until the reconstruction is complete in our affected communities. This project aims to support very poor and needy families to reconstruct earthquake resistance houses.

Objectives:

To support the rebuilding of Earthquake resistance homes for the most needy and affected families of VINs working communities.

To demolish damaged structure, clear debris and manage it.

### Work / Activities:

Support the victims to rebuild earthquake resistant homes.

Demolish the damaged structure, clear debris and manage it.

Educate on safe earthquake resistant houses.

#### Accomodation and food:

The volunteers will stay with the host family/hostel identified by VIN. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 3-5 persons in one room. Volunteers are required to sleep on the simple beds. Please bring your sleeping bag. They will be provided three times food- breakfast, lunch and dinner in Nepali Standard.

#### Location and leisure:

VIN will take you to a half day cultural sightseeing. Either before, during or after your workcamp. VIN also organizes weekends travel tours to Chitwan Jungle Safari, Pokhara, Nagarkot at an additional cost if you are interested.

# **House Rebuilding Support**

VINWC19-16-19

### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

### **Additional information**

### Location:

Tarakeshwor / Okharpauwa Kathmandu

### **Remarks**

Participation Fee: The participation fee is 180 Euros (+30 Euro for transportation), which is to be paid on arrival at VIN Office.

The Participation Fee Covers:

Food and Accommodation: Nepali Standard at a local host family 3 meals a day Transportation: Airport pick up and pick up and drop to the working community site Materials for the work-camp and community development projects support Local volunteers support cost VIN T-shirt, and certificate of participation 24 hours emergency support VIN admin cost.

### How to get

Airport: KTM

# **School Development & Education**

VINWC19-17-19

### **Project details**

**Code:** VINWC19-17-19 **Date:** 2019-08-09 / 2019-08-21 **Total places:** 3 **Age:** 18 - 30

Name: School Development & Education

Type of work: Work with kids (KIDS) - Cultural (CULT)

Country: NEPAL

Location: OKHALDHUNGA
Address: OKhaldhunga

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

### **Description**

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VINs mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

VINWC19-17-19

### Work:

Background/Project: Okhaldhunga, District of the Himalayas - This small paradise on the earth is in the Everest Region. It is located in Sagarmatha zone in the North-East part of Nepal. Okhaldhunga is one of the most beautiful places in Nepal. If Okhaldhunga is viewed with sacred vision, it has numerous sights which are fascinating. VINs Project site (Taluwa, Bhadaure and Thulachhap communities) is on the South-East part from the district headquarter, Okhaldhunga. From Kathmandu, bus route is about 250 km which is a rough trip that takes one day (9-12 hrs). In Okhaldhunga, VIN implements integrated approach to community development.

Because of the geographical situation, it has limited developmental activities and facilities. Unlike Kathmandu, Okhaldhunga has numbers of illiterate people. Okhaldhunga lacks proper education facilities. Due to the lack of education facilities, young people move from Okhaldhunga to other cities like Kathmandu or fly abroad to secure proper education. There are schools but they don  $\tilde{A}$   $\dot{c}$   $\dot{a}$  impart quality education. Not many people complete high school due to poverty, not having good schools, resources and geographical remoteness.

According to VINâ¿Ŝ baseline survey, there are only 91.56% children who have been attending school regularly, but 1.44% children are not regular in school. Similarly, 10.42% studentsâ¿Â¿ dropout of school. There are 2.99% families which are well aware about child rights and 20.69% families know a fair amount about child rights. But, 76.30% families do not know anything about child rights. Most children who drop out are involved in household work, field/farm work, households ploughing, labour in agriculture, collect grass/firewood, graze to cattle etc.

Work camps will be organized with the cooperation of local community schools, and community stakeholders to create child friendly teaching and learning environment. Most of the schools lack basic infrastructure like school building, education material, playground and drinking water. Volunteers can make a big difference in the daily lives of these children by providing necessities listed above and educating children through fun and creative ways.

The work camp will also involve teaching children from poor and marginalized community in formal and non-formal schools about Basic English and Mathematics, Health and Hygiene, and Environmental protection through creative learning methods like art, music, games etc. There will also be house visits and meetings with local people as part of inter-cultural learning and to give awareness on health and hygiene. In addition, volunteers also will get a chance to take part in simple renovation work at local schools and engage in activities like painting, tree plantation, protection from landslides etc. As part of the cultural exchange, volunteers will witness and participate in the available cultural programs with local community.

# Objectives:

To create child friendly learning environment to the children of Okhaldhunga by developing resources and educational activities;

To provide children from the disadvantaged communities a unique opportunity of overall development (social, emotional, physical, mental, creativity) & provide fun-time for children aged 6-12.

To promote the friendship, understanding and solidarity among local young national and international volunteers. To make classroom child friendly by painting and coloring the classrooms. Teach different skills to the children.

Work: Paint and decorate the class rooms. Renovate school areas, class rooms, walls etc. Teach students Basic English and mathematics. Play sports, Teach Basic English and mathematics, health and hygiene, and environmental protection through creative learning methods like art, music, games etc.

### Accomodation and food:

The volunteers will stay in Kathmandu for two nights until orientation. VIN covers two nights  $\tilde{A} \not c \hat{A} \not c$  accommodation in twin sharing basis and provides lunch in its office on the orientation days. Then they will be with the host family/hostel identified by VIN in Okhaldhunga. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 2-4 persons in one room. Volunteers are required to sleep on the simple beds. Please bring your sleeping bag. When they are in the city after the evaluation, they are required to cover food and accommodation themselves.

### Location and leisure:

VIN also organizes travel tours like Chitwan Jungle Safari, Pokhara, Nagarkot on extra costs if you are interested after your work camp.

#### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

# **School Development & Education**

VINWC19-17-19

### **Additional information**

### Location:

OKhaldhunga

### Remarks

Participation Fee: The participation fee 180 Euros (+60 Euro for Transportation), which is to be paid on your arrivals at VIN Office.

# How to get

Airport: KTM

## **Working with Deaf Children**

VINWC19-18-19

**Project details** 

Name: Working with Deaf Children

Type of work: Work with kids (KIDS) - Educational (EDU) - Manual work (MANU)

Country: NEPAL
Location: SINDHULI
Address: Sindhuli

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

#### **Description**

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VINs mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

Background/Project: Working with Deaf Children project aims to support and help deaf children through educational and other activities. VIN works in partnership with Shree Navajyoti Deaf Basic School which lies at Kamalamai Municipality-6 at Jasedamar village in Sindhuli District. It was established in 2062 B.S (2006 AD). It is 1.8 km east from Sindhuli Madi Bazar. Sindhuli Madi Bazar is around 121 km south-east from the capital, Kathmandu. This school is the one and only deaf special school in whole Janakpur zone, where students from 8 neighbouring districts (Dhanusha, Sarlahi, Mahottari, Siraha, Ramechhap, Okhaldhunga, Khotang and Udaypur) studies. We have total 88 students, classes running from pre-primary to Grade 8. It also has computer classes running from grade 6 to 8.

#### Objectives:

To conduct various educational, fun and creative activities for the development of deaf children. To create child friendly learning environment at school through art work, painting, cleaning, construction etc.

Work: Conduction of session on experience sharing, creative writing, personal health and hygiene etc. Teach Basic English and Mathematics, or organize some sports, fun activities etc. Assist teachers in the class. Renovating, Painting and Decoration of classrooms with locally available materials. Maintenance of ground, compound and develop garden. Good opportunity of teaching or learning sign language.

### Accomodation and food:

The volunteers will stay in Kathmandu for two nights until orientation. VIN covers two nights accommodation in twin sharing basis and provides lunch in its office on the orientation days. Then they will be with the host family/hostel identified by VIN in Okhaldhunga. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 2-4 persons in one room. Volunteers are required to sleep on the simple beds. Please bring your sleeping bag. When they are in the city after the evaluation, they are required to cover food and accommodation themselves.

#### Location and leisure:

VIN also organizes travel tours like Chitwan Jungle Safari, Pokhara, Nagarkot on extra costs if you are interested after your work camp.

#### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

# **Working with Deaf Children**

VINWC19-18-19

### **Additional information**

Location:

Sindhuli

### Remarks

Participation Fee: The participation fee 200 Euros (+60 Euro for Transportation), which is to be paid on your arrivals at VIN Office.

# How to get

Airport: KTM

# Library Camp- (EDU, SOCI, KIDS, MANU)

VINWC19-19-19

### **Project details**

Name: Library Camp- (EDU, SOCI, KIDS, MANU)

Type of work: Educational (EDU) - Social project (SOCI) - Work with kids (KIDS)

Country: NEPAL

Location: TARAKESHWOR / KATHMANDU / OKHARPAUWA

Address: Tarakeshwor / Kathmandu / OKharpauwa

Email: Phone Number:

Web:

Fee: 180.0 EUR Languages: English

#### Description

#### Partner:

VIN is a non profit charitable volunteer organization based in Nepal founded in 2005. VINs mission is to empower marginalized communities through enhanced Education, Health, Income generation & Basic infrastructure programs with special focus on women and children by conducting training and research through mobilizing local and international volunteers to promote equality, economic well-being and basic human rights. We are also a member of international volunteer networks worldwide like CCIVS, NVDA, EU Volunteer ALLIANCE, FoVIN-NL, US, Australia. For detail please visit: https://www.volunteersinitiativenepal.org/

#### Work:

A library is a collection of sources of information and similar resources, made accessible to a specific community/school for reference or borrowing. It provides physical or digital access to material, and may be a physical building or room, or a virtual space, or both. Learners are at the centre of learning in the library. In Nepal, there are not enough training organized for teachers and children on how to use a library. So through this camp, volunteers will organize teaching and learning activities through the use of library resources. Its a very fun and creative way of learning.

Work camps will be organized with the cooperation of local community schools under VINs childrens development program and working together with local teachers/children/ villagers.

The schools where we are conducting camps lack facilities of a library and other infrastructure. Some schools have some collections, but they are not managed and used well. The rooms are not well painted and books are not arranged in a proper order. Children are not taught the skills of using a library and its importance.

Volunteers will not only manage the library, but will also organize activities with children at school and conduct some classes on how a library is managed and used. The library camp will help children to develop reading and writing skills. Volunteers with abilities on sports, arts & crafts, music, dance, drama, in & outdoor group games are welcome.

Through this project we want to give every student an opportunity to learn, to enjoy reading, and to create new knowledge and understanding by the use of a library.

Objectives:

To work for a children development project and exchange the experience

Help the school manage its library and teach children to use it in a regular basis.

Work:

Clean and maintain the library.

Arrangement of resources in the library and record them in proper order.

Paint and decorate the library room.

Conduct the session with children and teachers for the proper use of library.

Organize different reading and/or writing activities with children in relation to the use of the library.

# Library Camp- (EDU, SOCI, KIDS, MANU)

VINWC19-19-19

#### Accomodation and food:

The volunteers will stay with the host family/hostel identified by VIN. The living facilities are simple and basic. Male and female Volunteers will share the same living area with separate rooms. There will be 3-5 persons in one room. Volunteers are required to sleep on the simple beds. Please bring your sleeping bag. They will be provided three times food- breakfast, lunch and dinner in Nepali Standard.

### Location and leisure:

You can go for the sightseeing at various cultural heritage sites around Kathmandu. VIN also organizes weekends travel tours to Chitwan Jungle Safari, Pokhara, Nagarkot at an additional cost if you are interested.

### Requirements:

Basic English, Interested in working in group and with Children, Easily adaptable in local Environment, Flexible

#### **Additional information**

#### Location:

Tarakeshwor / Kathmandu / OKharpauwa

#### **Remarks**

The detail info sheet and acceptance letter will be sent from VIN after we receive your Complete Volunteer Exchange Form (VEF) from the sending organization.

Local Transportation: 30 EUR will be charged for the round trip to the placement.

#### How to get

Airport: KTM