Code: EST 14 Year: 2016 Name: IMASTU

Location: TALLINN

Address:

Project: DISA - Work with people with disabilities

11/07/2016 Final Date: 31/07/2016 Min Age: 18 Max Age:

Places: 1

Descripction of Give your hand and heart to disable young people ProjectImastu Residential Workcamp: School is an institution for mentally handicapped children and youngsters. It caters for over 100 kids and young adults aged 5 to 35 with serious mental and genetic diseases. Most of them are orphans. Youngsters are divided in to 5 family groups where they live under supervision of staff. Children attend a special school arranged for them in Imastu. Since 1994 Imastu has been hosting international workcamps in summer and since 1999 - long-term volunteers to assist staff with daily work, bringing new ideas and approaches to the daily routine. Volunteers are wanted to support staff and assist work with kids, especially in summer when it is possible to offer a lot more diverse outdoor activities for kids. See more about Imastu Residential School on http://www.hoolekandeteenused. ee/imastu/pages/galerii.php Workcamp in Imastu is the eldest in EstYES i we have been hosting volunteers there for 22 years Looking after the children and youngsters, helping staff in teaching basic skills, playing with them, arranging their outings, assisting in all other required activities. Each volunteer will work in the own family group. Volunteers will work under supervision and with assistance of local staff about 35 hours a week, 2 days a week are free. On beds and mattresses in the shared room (which is usually used as music class) in the building of the Institution on mattresses. Bed-sheets, blankets, pillows, towels will be provided, so you do not need to bring your sleeping bag. Shower and toilets is in the corridor, shared with the staff. You will eat together with the staff in local canteen or in your family groups. There is fridge and limited possibility to make own food. There is also staff meeting room, which can be used to spend evenings together. Location I mastu is a very tiny village. It lies 90km east from Tallinn and 25 km west from Rakvere, the administrative center of the area. The nearest city is Tapa (3km), large railway junction with about 10 000 inhabitants. Useful links: www.tapa.ee and www.visitestonia.com for general information about the country. LEISURE TIMEImastu is laying in a picturesque landscape: fields, forests, lakes and unspoiled nature. It is the ideal area for hiking and cycling tours. Excursions to places of interest in the capital Tallinn, Rakvere (est. 1226), Lahemaa National Park as well as trips to the seaside (30km from Imastu) are easy to arrange. You have to be really motivated and committed to the work with physically and mentally disabled children. Some previous experience or special knowledge is an advantage. Although English is a camp language, any knowledge of Estonian or Russian will make communication with locals easier.

Code: EST 22 Year: 2016

Name: ALT-LAURI ORGANIC FARM IV (CUOTA EXTRA 30 EUROS)

Location: TALLINN

Address:

Project: KIDS-TEACH - Work with kids - Work related with education

26/07/2016 Final Date: 10/08/2016 Min Age: 18 Max Age:

Places: 1

Workcamp:

**Descripction of** Learning by doing at eco-farms in the beautiful Estonian countrysideProjectFor years EstYES has been cooperating with farms all over Estonia for solidarity, respect and practical support to local people who work in agricultural sector keeping traditional life style and developing new eco-farming despite of all difficulties. Alt-Lauri Farm is one of such projects. This is an organic farm promoting sustainable lifestyle, and this camp is proposed for volunteers who appreciate and share its values, want to learn more about it and to help hard working people. Alt-Lauri Farm located in the Voru County in the South of Estonia. The farm is one of the few organic farms in this area. The two major crops grown are buckwheat and different cabbages; others include different salads, strawberries, kale, lettuce, kohlrabi and turnip. The main task for volunteers will be to weed and harvest (by hand) vegetables and lettuce and picking berries. Additionally to harvesting task, volunteers will clean the vegetables and make them ready for consumers in different organic shops around the country. Volunteers have to be motivated to work outdoors doing sometimes quite physical work under changing weather conditions. Note that volunteers will work all working days and on Saturday mornings as the camp takes place on the peak of the harvesting season. In the farmhouse in the room and/or in the attic under the roof sleeping on beds or mattresses. Dry organic toilet, shower, sauna are available. Please bring your sleeping bag. Volunteers will share the duties of cooking meals and cleaning. During this work camp volunteers will be eating mainly local, organic food from the farm. Do not forget some traditional/typical food from your home country for the international evening. LocationThe charm of Haanja Uplands in South Estonia lies in its lovely hilly landscape, winding roads and numerous lakes. Most of its ancient villages, special dialect, handicraft, and customs have been preserved until today. The whole area, called Vorumaa, is an area of outstanding beauty. It is famous for its diverse and very well preserved nature. Untouched forests with wildlife, deep valleys, hills, 170 small lakes with extremely clean water, winding rivers with caves in the steep banks- you can find everything here Farm is situated 16km south of Voru, capital of the County, which has a population of 14 000 people and lies about 250km south-east of Tallinn, close to the Latvian and Russian borders. More info about Estonia www. visitestonia.com, South-Estonia www.werro.com, www.southestonia.info LEISURE TIMEThe camp takes place in the area of outstanding beauty. There are many possibilities for leisure time, especially for those who love nature: acquaintance with nature of the area, hiking, swimming, etc. There will be a possibility to participate in farmers fairs. Excursions to the historical places of the County of Voru are planned as well. Some free time activities will be organized for participants such as a day trip and excursions in the area. Some of them will be free of charge while others might require a little financial contribution. The camp is open for young people who is interested in organic farming and is ready to get real experience of it. Please be prepared to the simple conditions of Estonian country side. Volunteers have to be motivated to work outdoors doing sometimes quite

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## **LIBRO CAMPOS PROYECTOS 2016**

physical work under changing weather conditions. English is the camp language. PARTICIPATION FEEDue to lack of communal resources for this camp we ask participants to contribute 30 Euro towards the costs of general administration. This fee has to be paid by bank transfer before the beginning of the camp. If you cannot make bank transfer please contact your sending organization for solution.

Code: EST 23 Year: 2016

Name: JARVAMAA CAMP (CUOTA EXTRA 50 EUROS)

Location: TALLINN

Address:

Project: MANU - Manual work

31/07/2016 Final Date: 14/08/2016 Min Age: 18 Max Age:

Places: 1

Descripction of Make new friends helping local people in the heart of EstoniaProjectJarvamaa -Workcamp: Jarva County lies in the very centre of Estonia, it covers area of 2700 km2 and has a total population of about 40 000 people. This area is known for he rich history, which left a lot of objects of historical and cultural heritage, as well as for its beautiful nature with hills, forests, springs, rivers and lakes. The idea of this camp is to help preservation of some historical and cultural sites of local importance. Yet the most important aim of this camp is to introduce multiculturalism and offer intercultural exchange to local young people of this rural area, who will be involved to the project. So participants are expected to present their cultures and pass the idea of volunteering to local youth. The work may include clearing and tidying up green areas and objects of local importance, painting and light renovation jobs in different places of Jarvamaa County, mainly in the village of Imavere and town of Paide. Besides, in Paide volunteers will be involved in practical jobs around traditional all-Estonian Public Opinion Festival. It will be mainly assembling stages, arranging tables and benches, running activities for young people in the frame of the Festival s Youth Day. The work will be physical, mainly outdoors with working day lasting 5-7 hours, 5 days a week. Local young people will be joining international volunteers for work and leisure. Volunteers will stay in one room of the community house buildings sleeping on the mattresses on the floor. Please bring your sleeping bag and pillow. Toilets and showers are available as well as kitchen with necessary equipment for cooking. There is also a washing machine. Volunteers will have to make meals on their own from the ingredients provide by the local host. LocationThe first week of the camp will take place in the village of Imavere which lies in central-Estonia where the main road (Tallinn -Tartu) turns to Viljandi. Distance from Tallinn is 110 km, from Tartu 80 km, from Viljandi 50 km. For the second week the group will move to Paide, which is the capital of the Jarva County. More information on http://paide.kovtp.ee/, www.jarva.ee, www. visitestonia.com.LEISURE TIMESwimming in lakes and rivers, hiking to marshes, playing ball games (football, volleyball, basketball) and tennis with local youth, partying, joining local festivities. You will visit local Milk Museum and learn to make own butter and ice cream. Also visit to the ostrich farm is foreseen. It is planned to visit some towns of Jarvamaa and Viljandimaa Counties. This camp is absolutely suitable for people who enjoy rural life and want to learn more about history and culture of Estonia staying right in the heart of it Special requirementsVolunteers should be interested in rural life, be ready to present our culture and participate in discussions about rural development and interact with local young people. It will be appreciated if volunteers can tell about national voluntary schemes and youth work for the benefit of the local development in their countries. As a work may be physical sometimes, volunteers should be in a good physical shape. Since camp takes place at two locations please be ready to move after the first week.PARTICIPATION FEEDue to lack of communal resources for this camp we ask participants to contribute 50 Euro towards the costs of local transport, leisure activities and general administration. This fee has to be paid by

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bank transfer before the beginning of the camp. If you cannot make bank transfer please contact your sending organization for solution.

Code: EST 25 Year: 2016

Name: MARJAMAA FOLK FESTIVAL (CUOTA EXTRA 80 EUROS)

Location: TALLINN

Address:

Project: FEST - Festival

**Initial Date:** 01/08/2016 Final Date: 08/08/2016 Min Age: 18 Max Age:

Places: 1

# Workcamp:

Descripction of Helping local community to run International Folk Dance FestivalProjectIt became a good tradition for EstYES to organize international workcamps in co-operation with Marjamaa Community. It lies on the half way between Tallinn and Parnu, and it is known for its rich historical and cultural heritage: ancient settlement in Varbola, XIII century church in Marjamaa, numerous German manor houses of XVIII-XIX centuries, etc. Local authorities see in the international camps a powerful tool for local development - not only in terms of work done by volunteers but mainly for introduction multicultural dimension to the population of small local communities in the country. The camp will take place in the village of Marjamaa, the centre of the community. The main idea of this camp is to assist running the 10th international Marjamaa Folk Dance Festival helping different practical tasks. More information about the Festival can be found here http://www.marjamaafolk. ee As there will be the 10th international Marjamaa Folk Dance Festival and The Days of the Village on 30.07-02.08, volunteers will be asked to help it out doing various practical jobs related to its organization and running. This will definitely involve a lot of cleaning and manual work But it is also expected that volunteers contribute to the festival by introducing their national culture, music, also food and drinks to the locals as well as organizing games and fun activities for local children during the Day of the Youth and Children in the frame of the Festival. Be ready to work for some hours on the weekend Volunteers will have simple accommodation in the rooms of the Marjamaa Community House right in the centre of village, sleeping on beds and mattresses. Please bring a sleeping bag. Toilets and showers are available. Volunteers will have lunches and dinners in the local canteen and breakfast prepared by themselves at the accommodation. LocationMarjamaa is a village with over 4000 inhabitants on the half way between Tallinn and Parnu. Distance from Marjamaa to Tallinn is 70 km. Being an administrative centre of community, Marjamaa has several shops, department stores, culture house, cinema, several pubs, etc. Larger city nearby is Rapla (25km), an administrative centre of the county, with a population of about 8 000 people. Marjamaa has good connection to Tallinn and Parnu. More information on www.marjamaa.ee and www.raplamaa.eeLEISURE TIMEYou can enjoy performances of the Festival, of course. During the international Folk Festival volunteers can join diverse activities and parties with the international participants and locals such as Festival Club every evening. Besides there is a possibility to do sport at the school stadium, swim in the local swimming pool; also go to excursions to the ancient settlement in Varbola, Sillaotsa Farm Museum and other places of interest of the area. Special requirementsPlease bring sleeping bag and pillow. It will be great if you could think about your contribution to the festival and bring some materials, music, games as well as national food/ drinks for it. If you can present folk songs or dances from your country or teach others it you really should not hesitate to do it English is the camp language.PARTICIPATION FEEDue to complicated economic situation in the community and the lack of financial support for the project the participation fee of 80 Euro is requested from volunteers to cover the costs of

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board and leisure activities. This fee has to be paid by bank transfer before the beginning of the camp. If you cannot make bank transfer please contact your sending organization for solution.

Code: EST 32 Year: 2016

Name: DOWN TOWN MULTI

Location: TALLINN

Address:

Project: KIDS - Work with kids

**Initial Date:** 09/08/2016 Final Date: 19/08/2016 Min Age: 18 Max Age:

Places: 1

Descripction of Teaching kids English in fun and interactive way staying in the heart of magic Workcamp: TallinnProjectThis project is organized for teenagers by non-profit educational association Alternative Language Programs Satellite within its annual activities on multicultural issues for teens. The project s aim is to introduce the diversity of world cultures to the youth and provide them with practices in intercultural communication using the learning-by-doing method which includes meetings, visits, direct contact to young people from abroad as well as alternative language practice. The project gets 14 to 17 years old teens familiar with national traditions of the countries from all over the world, encourages them to develop their global thinking and individual initiative as well as tolerance and resistance to xenophobia and ethnic hatred. This shift targets particularly those youngsters, who do not speak English but other languages. So the camp has 3 working languages: French, German and Spanish. The common theme for all camps this year is INTEGRITY. We believe that thanks to the integrity of individual personalities people will be able to prevent any violence or aggression in a society. It seems that personal integrity is not possible without having social ease or a gentle demeanor. Within the theme, camp participants guided by international volunteers are going to discuss such important for personal and social integrity issues as habitual conventions in the civilized society and cultural customs of the nations, fare conduct and mode of action, style of life and ways to behave. Activating teenage participants in the city camp and providing them with cross-cultural learning experience. Volunteers will do it through informal methods of teaching and working in small group techniques. Among the activities to be held by team of volunteers are playing games and music popular in the countries volunteers represent, drama, sports, preparing festivals, common discussions, excursions, actions for peace and nature protection, leading and supporting teens in their work on the team projects.; preparing and leading the teen teams presentations on the countries the camp participants and volunteers are from. Each day of the camp will have a country presentation, a subject to learn or discuss and a related activity. Volunteers together with a local project coordinator are responsible for the day activities in the camp. The work can be pretty hard, involving long working hours, requiring high level of commitment and responsibility for the camp program and the young participants. You will stay with teens 10.00 i 17.00 and spend another hour to prepare next day activities. In the course of camp there is at least one day of travel outside Tallinn together with teens. Before activities start there is training in Down Town camp methodology and preparation. Most of local teens in the camp are Russian-speaking youngsters from minority group of Tallinn. Besides local teens 6 teenage participants from abroad are expected to join this camp. The total number of participants is 12-15. The camp activities will take place in a learning centre situated in the centre of the Tallinn www.tallinn.ee . On mattresses in the class rooms of In Down Town school, in the centre of Tallinn. Toilets and showers are available. Please bring a sleeping bag. Volunteers will cook and have their breakfasts at the place of accommodation; lunches will be organized for

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whole camp in the city centre. LocationCamp will take place in the centre of Tallinn, the capital of Estonia. You can get a lot of information on www.tallinn. eeLEISURE TIMEThere are a lot of possibilities for leisure time activities as camp will take place in the Estonian capital Tallinn where one can find attractions for any taste: sightseeing, museums, festivals, concerts, pubs, etc. You have to be really motivated to work with teens. Please provide a motivation letter along with application form. Experience in work with youth is an advantage. Your ideas and actual preparation to do the activities for teens are essential. We ask you to bring some materials like postcards, posters, symbols of your country, music or popular national games etc typical for your country or region which can be used during your country presentation. We expect active volunteers with a good knowledge of history and culture of their country with ability and wish to present it to others in a creative way. Good level of French or German or Spanish is required.

# **LIBRO CAMPOS PROYECTOS 2016**

Codes Order									
Workcamp	Code	Туре	Ages	Date	Places	Ref.			
Estonia									
IMASTU	EST 14	DISA	18 - 30	11/07/2016 - 31/07/2016	1	1			
ALT-LAURI ORGANIC FARM IV (CUOTA EXTRA 30 EUROS)	EST 22	KIDS-TEACH	18 - 30	26/07/2016 - 10/08/2016	1	2			
JARVAMAA CAMP (CUOTA EXTRA 50 EUROS)	EST 23	MANU	18 - 30	31/07/2016 - 14/08/2016	1	3			
MARJAMAA FOLK FESTIVAL (CUOTA EXTRA 80 EUROS)	EST 25	FEST	18 - 30	01/08/2016 - 08/08/2016	1	4			
DOWN TOWN MULTI	EST 32	KIDS	18 - 30	09/08/2016 - 19/08/2016	1	5			
Total Nº Campos: 5				Total Nº Plazas:	5				

# **LIBRO CAMPOS PROYECTOS 2016**

Dates Order									
Workcamp	Code	Туре	Ages	Date	Places	Ref.			
IMASTU	EST 14	DISA	18 - 30	11/07/2016 - 31/07/2016	1	1			
ALT-LAURI ORGANIC FARM IV (CUOTA EXTRA 30 EUROS)	EST 22	KIDS-TEACH	18 - 30	26/07/2016 - 10/08/2016	1	2			
JARVAMAA CAMP (CUOTA EXTRA 50 EUROS)	EST 23	MANU	18 - 30	31/07/2016 - 14/08/2016	1	3			
MARJAMAA FOLK FESTIVAL (CUOTA EXTRA 80 EUROS)	EST 25	FEST	18 - 30	01/08/2016 - 08/08/2016	1	4			
DOWN TOWN MULTI	EST 32	KIDS	18 - 30	09/08/2016 - 19/08/2016	1	5			
Total Nº Campos: 5				Total Nº Plazas:	5				