

Referencia: 1

Code:	SDA 403	Year:	2017
Region:	SDA - INEX SDA		
Name:	NATURE AND NATURAL ARCHITECTURE IN ZASTAVKA		
Address:	UHELNA, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-ENVI - Restoration-Environmental		
Initial Date:	16/07/2017	Final Date:	30/07/2017
		Min Age:	18
		Max Age:	26
Total Places:	1		
	Male Places: 3	Vegetarian Places:	0
	Female Places: 3	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

We are especially looking for volunteers who are interested natural architecture, who are not afraid of manual work and of basic living conditions. It is not allowed to smoke and drink alcohol at the campsite.

DESCRIPTION OF WORKCAMP:

The workcamp is organized by the NGO Hnutí Brontosaurus Jeseníky which is active in a remote and unprivileged region of Jeseníky and Rychleby Mountains. Brontosaurus is focused on the environment and sustainability; they maintain abandoned sights with respect to traditional methods and materials. One of the main projects is the vanished village of Zastavka (Stillstand) in Rychleby Mountains where they cultivate old species of fruit trees and they experiment with the natural architecture. The aim of the workcamp is to help with the renovation of the village and the creation of a simple farm with respect to traditional methods and natural lifestyle. This project is realized with the support of Johnson Controls.

Volunteers will do mainly manual work that will be quite physically demanding. The tasks can include building wooden fence for sheep, creating shelters for visitors and tourists, collecting wood, gardening, maintenance of the campsite. One of the tasks can include renovation of the natural house (with natural techniques using materials such as clay, bits of straw and sand). You will also help to prepare the culture event Folkloric Scything . It will involve local community in scything together the meadows. Please bring a white plain shirt, trousers/long skirt and a hat for the event.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Vanished village of Zastavka (Stillstand), part of Uhelna in Rychleby Mountains, around 29 km from the town of Jeseník. The village is situated at the hilltop and is quite isolated (the last settlers left 70 years ago after WWII). The nearest village Uhelna is reachable on foot at the distance of 2 km. The surrounding countryside is mountainous and has a charming nature. Study part: Excursion around the vanished village of Zastavka (history and current development); presentation of the organization Brontosaurus; practical technical and crafts skills (work with natural clay plaster, carpentry) by a specialized lecturer. Leisure time: Discovering the beautiful mountainous countryside; visiting a local spa; protected area of Rejviz; towns of Mikulovice, Zlate Hory and Jeseník, etc.

ACCOMODATION/FOOD:

In tents and in a house made of clay and straw (for 6-7 people, the rest in tents.) Bring a warm sleeping bag Access to electricity is limited; water is delivered in barrels. Toilets are dry (outhouse). There is no indoor shower (there s a stream or improvised natural shower i water is heated by the sun). You will cook your own meals in improvised field kitchen, taking turns.

LOCATION:

UHELNA.

Latitude of the project: 50.351551**Longitude of the project:** 17.011491**TRAVELLING INSTRUCTIONS:****Airport:** PRG**Train/Bus Station:** Jeseník**Latitude of Station:** 50.2246249**Longitude of Station:** 17.1980471**LANGUAGES SPOKEN:**

English

Referencia: 2

Code:	SDA-102	Year:	2017
Region:	SDA - INEX SDA		
Name:	FRIENDLY HOSPITALITY HOUSE		
Address:	SKALKA U DOKS, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-ENVI - Restoration-Environmental		
Initial Date:	16/07/2017	Final Date:	30/07/2017
		Min Age:	18
		Max Age:	30
Total Places:	2		
	Male Places:	Vegetarian Places:	0
	Female Places:	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

For curious people open to others or for those who want to be like this. Interest in traditional spirituality and history appreciated. Information for allergic people i there are 2 big dogs living in the house.

DESCRIPTION OF WORKCAMP:

The workcamp is held for 2nd time in a little village Skalka u Doks in Northern Bohemia in cooperation with the local nonprofit organisation The Friendly Hospitality House. Its name refers to the ancient tradition of mutual help of pilgrims. They focus on revival of natural, cultural and spiritual heritage and on personal and community development. They own and renovate a rural homestead to become a facility for pilgrims, neighbours and volunteers. Part of the house is already renovated using natural techniques; it became a home of young family. The intention is to create a hospitable cultural and crafts centre. The aim of the workcamp is to help with restoration of relations between the place and its inhabitants, both contemporary and past, mutual understanding and recognition of differences.

The work will be manual and sometimes demanding, it will take place at several locations. In Skalka u Doks you will for example: help with the reconstruction of the house and cleaning, take care of permaculture garden and maintain public areas (cleaning of a path and other tasks given by municipality). In the nearby village Bo345;ejov you will: clean the church, help with preparation of Sunday pilgrim mass, clean the cemetery surrounding the church, esp. the abandoned graves of the ancestors of the inhabitants displaced after WWII and renovate a wall. In the meadows with protected flora you will rake grass to keep biodiversity. Bring solid work shoes, clothes that can get dirty and a raincoat. Different work tasks will depend on current needs and weather.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Little village Skalka u Doks (170 inhabitants) and neighbourhood. The village is located in a Protected Landscape Area near the Macha Lake which is a popular tourist attraction. If we work at more distant places, we will take you there by car. Study part: Getting to know the history of the region via old photos, movie night (outdoor cinema), Pilgrim Roman Catholic Mass on Sunday 23/7 in the Church of Bo345;ejov (which we will have been cleaning the week before), meeting local permaculture community farming in harmony with nature i it will be possible to spend one day with them and take part in their daily program (work activities, discovering their lifestyle). Leisure time: Bathing on the beaches of Macha Lake, evening activities on the beaches and in the town Doksy, visiting castle Houska and Bezdez, meditative walks in nature, mushroom and blueberry picking, barbecue, closing event at a fisherman s hut on the banks of the Macha Lake with a steamboat sunset cruise. There will be 2 free Saturdays for a one-day trip.

ACCOMODATION/FOOD:

In the main building of the homestead that is under reconstruction so the conditions are basic. Sleeping on mattresses, you must bring your own sleeping bag. There is a shower with hot water, washbasin, toilet and an equipped kitchen. You will prepare your own meals; you are invited to share your national cuisine. Bring simple recipes from home. It is also possible to use outdoor fireplace.

LOCATION:

SKALKA U DOKS.

Latitude of the project: 50.5635814**Longitude of the project:** 14.6195724**TRAVELLING INSTRUCTIONS:**

Airport: PRG

Train/Bus Station: Duba

LANGUAGES SPOKEN:

English

Referencia: 3

Code: SDA-105

Year: 2017

Region: SDA - INEX SDA

Name: PERMACULTURE GARDENING IN KADAN

Address: KADAN, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa

Email:

Phone Number:

URL: http://www.inexsda.cz

Project: RENO - Renovation

Initial Date: 16/07/2017

Final Date: 29/07/2017

Min Age: 18

Max Age: 30

Total Places: 5

Male Places: 2

Vegetarian Places: 0

Female Places: 3

Disabled Places: 0

Extra Fee: 0 EUR

REQUIREMENTS:

Workcamp is suitable mainly for people who like children, gardening and permaculture.

DESCRIPTION OF WORKCAMP:

Workcamp takes place in the Western Bohemian town of Kadan. There is a non-profit organization Parents and children of Kadan (RADKA) active there which provides a variety of services for families with children (maternal, swimming, volunteer, social and educational centres). They are also focused on international collaboration. In the building opposite the seat of RADKA, there is a kindergarten and a maternity centre. The aim of the workcamp will be the revitalization of the adjacent garden and the installation of several places for outdoor education of children. When renovating the garden, methods and principles of permaculture should be used as much as possible.

The work will be manual and will be done in the garden. The tasks can include gardening, building small structures from wood and stone, planting flowers, small terrain modifications, etc. It is suitable to take working clothes and shoes.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Historical town of Kadan (20.000 inhabitants), in West Bohemia, not far from the Ore Mountains. There is a beautiful nature around Kadan but also an industrial zone (coal mining, power plants). Study part: Getting to know the concept of permaculture both during a workshop/lecture and practically during the work. Permaculture is a system for designing sustainable, healthy and useful gardens. Some of the principles involve cultivation without the use of chemicals, collection of rainwater and reasonable use of water in general, polycultures, preferring perennial plants to annual ones, easy maintenance, use of renewable resources, composting, etc. Leisure time: Kadan is a beautiful historical city with many possibilities for recreation and sport. There is a museum, gallery, monastery with garden as well as sports ground and beautiful nature. Close to the city there are other interesting places cities such as atec, Karlovy Vary (Carlsbad) etc.

ACCOMODATION/FOOD:

Youth club that is in the same building as the kindergarten i 2 rooms with beds, kitchen corner, bathroom, 2 toilets and 2 showers, computer with internet are available. You need to bring your own sleeping bag. You will cook your own meals.

LOCATION:

KADAN.

Latitude of the project: 50.381115

Longitude of the project: 13.271321

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Kadan

Latitude of Station: 50.3759918

Longitude of Station: 13.2713221

LANGUAGES SPOKEN:

English

Referencia: 4

Code: SDA-106

Year: 2017

Region: SDA - INEX SDA

Name: VOLUNTEERS IN HARRACHOV

Address: HARRACHOV, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa

Email:

Phone Number:

URL: <http://www.inexsda.cz>

Project: RENO - Renovation

Initial Date: 25/07/2017

Final Date: 08/08/2017

Min Age: 18

Max Age: 30

Total Places: 8

Male Places: 4

Vegetarian Places: 0

Female Places: 4

Disabled Places: 0

Extra Fee: 0 EUR

REQUIREMENTS:

Due to living in a house with a host family you will have a unique opportunity to experience local culture and customs, at the same time we ask you for respectful behaviour and 61514; Smoking is strictly prohibited in the whole house.

DESCRIPTION OF WORKCAMP:

The workcamp is held in the town of Harrachov (in Giant Mountains) in collaboration with the local town hall. Harrachov is a renowned centre of tourism and mainly winter sports. The town is known for organizing ski jump competitions, there are several ski jump ramps in the area. Lately, active local citizens have been trying to boost the community life in Harrachov, which is why they decided to invite foreign volunteers to the town for the second time. This year, the aim of the workcamp is to help mainly with the renovation of an old cinema that will be used as a multi-purpose culture centre by the local inhabitants. You will also work in other public areas according to the current needs.

The work will be manual and will not be very physically demanding. The tasks can include: cleaning and removing material, painting, gardening, transporting soil, maintaining sports grounds, working in the forest. Please bring solid shoes and clothes that can get dirty.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Harrachov town (about 1600 citizens) in the north-east of the Czech Republic. The town is a border crossing to Poland. It is located in beautiful mountain scenery of Giant Mountains. Study part: You will have a chance to get involved in the local events, visit local craftsmen, meet local sportsmen and organize a common international evening. Leisure time: Light trek through the Giant Mountains, a trip by a cogwheel train on Czech-Polish border, chair lift ride to and 268;ertova hora (Devil s mountain), doing sports, visiting a music festival, excursions to the glass factory or a brewery, etc.

ACCOMODATION/FOOD:

On the first floor of a family guesthouse (three rooms, common room, kitchen, two bathrooms, outdoor fireplace). Bring your own sleeping bag. Attention, the family of the owner lives on the ground floor Volunteers will prepare their own meals.

LOCATION:

HARRACHOV.

Latitude of the project: 50.780699

Longitude of the project: 15.412256

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Harrachov

Latitude of Station: 50.7720863

Longitude of Station: 15.4314213

LANGUAGES SPOKEN:

English

Referencia: 5

Code:	SDA-107	Year:	2017
Region:	SDA - INEX SDA		
Name:	GET INVOLVED IN ODOLENA VODA		
Address:	ODOLENA VODA, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-CONS - Restoration-Construction		
Initial Date:	06/08/2017	Final Date:	20/08/2017
		Min Age:	18
		Max Age:	30
Total Places:	15		
	Male Places: 8	Vegetarian Places:	0
	Female Places: 7	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

The workcamp is suitable for volunteers who like working manually in the nature but also are creative and enjoy activities with children. Some work tasks will involve minor construction so you can use your skills or learn new ones. Moreover, if you like literature (prose or poetry reading), it is a perfect choice for you

DESCRIPTION OF WORKCAMP:

The workcamp takes place in a small town of Odolena Voda in cooperation with the local town hall. The town hall aims at creating good conditions for living, working, spending free time and enjoying the environment for its inhabitants. The main focus of the town hall is currently on landscape regeneration and leisure time activities, such as social and cultural events or sports facilities. The aim of the workcamp is to help with the renovation of the public space in the town, creating play structures for children and cooperation with the outdoor children camp. This year, the workcamp will be organized for the 3rd time.

The work will manual and can be physically demanding. The tasks can include creating simple play structures from natural materials (digging a hole, putting logs, branches, ropes), building an exercise area for dogs and a natural sauna, renovating flower beds in the town, planting bushes in case of good weather (digging holes, planting, watering), creating a ponton on a local lake, maintenance of other public areas (painting of fences, repairing benches, etc.). As a lot of work will be done outside, please bring solid shoes.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

A small town of Odolena Voda (population of 6500), at approximately half an hour from the outskirts of Prague by bus. Study part: Meet the locals, get to know the local culture. During the workcamp, an international literary evening Meeting of Languages will be organized in a house where a significant Czech poet Vit283;zslav Halek was born. You can get involved in the program by reciting short extracts of your favourite book or poem to the other volunteers and the public (in English or even in your native language). Please bring your favourite novel or book of poems, preferably in hard copies, that you would like to present at the event. There will be some activities for and with local kids (workshop, trip). Leisure time: Visiting a local church and a fortress, hiking trip to close-by volcanoes, a trip to Prague, to the Veltrusy castle or a cycling trip to the town of Melnik. There is a possibility to use the community sports facilities in a hall for basketball, volleyball, tennis and beach volleyball courts.

ACCOMODATION/FOOD:

In the local primary school. A kitchen, a bathroom and the gym will be available. You will sleep on mattresses in one or two classrooms. Please, bring your own sleeping bag and a light mat You will cook your own meals, some meals will be provided in the local restaurant.

LOCATION:

ODOLENA VODA.

Latitude of the project: 50.229007**Longitude of the project:** 14.413139**TRAVELLING INSTRUCTIONS:****Airport:** PRG**Train/Bus Station:** Odolena Voda**Latitude of Station:** 50.2334147**Longitude of Station:** 14.4107891**LANGUAGES SPOKEN:**

English

Referencia: 6

Code:	SDA-201	Year:	2017
Region:	SDA - INEX SDA		
Name:	CASTLE HARTENBERG		
Address:	JOSEFOV, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-KIDS - Restoration-Work with kids		
Initial Date:	02/07/2017	Final Date:	16/07/2017
		Min Age:	18
		Max Age:	30
Total Places:	11		
	Male Places: 6	Vegetarian Places:	0
	Female Places: 5	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

The workcamp is especially suitable for volunteers who are interested in education, working with children and renovation of cultural heritage. If you like sports it is also an advantage.

DESCRIPTION OF WORKCAMP:

The workcamp is held on the ruin of a castle in Western Bohemia called Hartenberg. It is organized by the local NGO Hartenberg that protects and renovates heritage, supports volunteering, runs cultural and educational activities and works with children and youth. With the help of workcamps, the ruin has been renovated since 1999. For the last 4 years, the castle has been part of the educational program Football for development that involves disadvantaged youth from Kenya and the Czech Republic. The aim of the workcamp is, firstly, to help with the organization of free-time activities for children that will come to Hartenberg for 5 days and, secondly, to manually help at the castle. Children will be mainly from unfavourable social backgrounds and will be sent by regional youth clubs.

The work will be both manual and with kids. The first week you will help with renovation and maintenance tasks at the castle and in the surroundings. The second week will be focused on the preparation and running of activities for children. Groups of 10-20 children/youth will be coming to the castle from 10th to 14th July together with their youth leaders (children will not sleep at the castle and every day there can be different groups coming). When planning the program for kids, you will be encouraged to use the methodology of Football for development. On Saturday 15th July, a festival with football tournament will take place as a closing event of the Football for development tour 2017. You will help with the logistics - e.g. preparation of the football pitch, building tents, etc.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

The castle ruin is situated in the tiny village of Hrebny (79 inhabitants) in Western Bohemia. Hrebny is part of the village Josefov (358 people). The closest bigger towns are Sokolov or Karlovy Vary. The castle ruin is from 12th century and the area has beautiful nature. Study part: You will have the opportunity to meet local community, mainly at the festival. During the second week, there will be the international team of Football for development ambassadors present at the castle. The ambassadors are young people from Kenya and different parts of the Czech Republic. In the informal part of the program, you can get in touch with all those people. Last but not least you will explore the non-formal education methodology of Football for development that is popular all over the world. More info <http://www.fotbalprorozvoj.org/?lang=en>. Leisure time: You can go hiking in the mountainous countryside, visit some of the famous spa-towns in the region, go canoeing or swimming, etc.

ACCOMODATION/FOOD:

In a cottage near the castle. There is a bigger room for sleeping upstairs and a common room with a fireplace downstairs. The accommodation is very basic. Take a sleeping bag. The toilet and showers are in a container that is located in the courtyard. You can cook some meals for yourselves in a small kitchen and some meals (lunches) can be prepared by a cook. Bring your local recipes.

LOCATION:

JOSEFOV.

Latitude of the project: 50.221869**Longitude of the project:** 12.575851**TRAVELLING INSTRUCTIONS:**

Train/Bus Station: Sokolov
Latitude of Station: 50.1745286
Longitude of Station: 12.6598918

LANGUAGES SPOKEN:

English

Referencia: 7

Code:	SDA-202	Year:	2017
Region:	SDA - INEX SDA		
Name:	CASTLE GRABSTEJN		
Address:	HRADEK NAD NISOU, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO - Renovation		
Initial Date:	10/07/2017	Final Date:	22/07/2017
		Min Age:	18
		Max Age:	30
Total Places:	10		
	Male Places:	Vegetarian Places:	0
	Female Places:	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

This camp is especially suitable for volunteers who like gardening and want to discover closely the castle.

DESCRIPTION OF WORKCAMP:

Grabstejn is a former medieval castle which was later rebuilt as a renaissance chateau. It was severely damaged under the communist regime but has gone through reconstruction since. Now it is an example of care for historical heritage presenting the life of high society through centuries to the wide public. The castle visitors are offered classical guided tours but also different cultural and educational activities. The castle is state-owned and is run by National Heritage Institute under the Ministry of Culture. The aim of the workcamp is to help local staff with the maintenance of the castle and its surroundings (the park, paths, etc.).

The nature of your work depends on what is actually needed to do according to castle revitalisation plan. This includes cutting grass and wood, removing of invasive vegetation such as nettles surrounding the castle (sometimes on a very steep slope), some basic renovation and maintenance tasks (painting, cleaning inside the castle, etc.) The work is manual and physically demanding. Volunteers will need working clothes that can get dirty or damaged and good solid shoes. It is also good to have long pants since nettles sting.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Castle Grabstejn in the village of Chotyne (860 people) in Northern Bohemia. The nearest town is Hradek nad Nisou (about 7500 people) which is connected with Chotyne by public transport. The area is has a beautiful mountainous countryside which is perfect for hiking. Study part: Learn more about the castle, the park and meet local castle staff. You will have a chance to take part in an evening culture program organized for visitors (such as Night guided tour with historical characters). There will be an opportunity to organize a community dinner. Please bring recipes for your favourite meals and some pictures, music or clothes from your country/region of origin. Leisure time: You can go hiking in the beautiful hilly countryside surrounding the castle and climb a famous mountain Jested (1012 m) with a hotel on the top representing typical socialist architecture. The nearest city is Liberec with a zoo and a botanical garden. It is possible to visit a regional brewery and many other interesting sights, go swimming, visit a Cynology centre. Please bring some games and musical instruments.

ACCOMODATION/FOOD:

You will sleep directly at the castle in one big room in bunk beds. Therefore you need to bring your own sleeping bag. There is a toilet and a shower with hot water. Next to the bedroom there is a small kitchen where you will prepare the meals by yourselves. A common room is also available. There is a fireplace outside in the backyard of the castle where you can have barbecue.

LOCATION:

HRADEK NAD NISOU.

Latitude of the project: 50.846133

Longitude of the project: 14.876186

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Chotyne

Latitude of Station: 50.8362197

Longitude of Station: 14.8689390

LANGUAGES SPOKEN:

English

Referencia: 8

Code:	SDA-203	Year:	2017
Region:	SDA - INEX SDA		
Name:	STERNBERK MANOR		
Address:	NEPOMUK, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-ENVI - Restoration-Environmental		
Initial Date:	16/07/2017	Final Date:	29/07/2017
		Min Age:	18
		Max Age:	30
Total Places:	10		
	Male Places:	Vegetarian Places:	0
	Female Places:	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

Workcamp is suitable for people who are interested in history and renovation of historic monuments.

DESCRIPTION OF WORKCAMP:

The workcamp takes place in the towns of Klaster and Nepomuk in collaboration with the local association Monastery. The association runs a leisure center in Nepomuk and organizes educational, social and culture events. It also strives for revitalization of two historic monuments i Zelena Hora castle and Sternberk manor. The castle and the manor are owned by the municipality of Klaster. The castle used to be under the military and had been neglected for a long time. Nowadays, it is rarely open for public. The manor is a national monument but is in a bad condition. Long term vision of the association is to rescue the area and create an international center for personal development, festivals and education. The aim of the workcamp is to clean a forest park in the area and do some renovation works.

You will remove invasive trees and bushes and thus contribute to the creation of a nature forest park where it will be possible to create benches, bins, land art pieces, signs, etc. Then it is needed to clean bricks from the demolition, clean historical buildings from old plaster and broken glass. We recommend you to bring older working clothes, water proof shoes. From the place of accommodation to the working place you will go everyday on foot around 1 km.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Two neighbouring villages Nepomuk (3 755 inhabitants) and Klaster (154 inhabitants) in the Pilsen region. The castle and manor are situated at the territory of Klaster. Accommodation will be provided in Nepomuk. Volunteers work place i Sternberk Manor (Sternbersky dvur) i is a very large complex of 10 buildings of different type, asphalted courtyard and adjacent forest park.Study part: Welcome evening with local band, music and local volunteers, movie night in the leisure time center or presentation of photos from your country. If you are interested, you can try a workshop on how to search for underground springs or a lecture by a historian about the whole area where you will work.Leisure time: Near the work place there is a big pond suitable for swimming, right in the area, it is possible to have a campfire and play the guitar or drums. It is possible to prepare some alternative activities such as firewalk or Indian sauna, organize a bike trip, visit Pilsen, etc. We welcome people who love photography and we also can prepare an exhibition of photos.

ACCOMODATION/FOOD:

Leisure center FENIX in Nepomuk i sleeping in 1-2 classrooms on mattresses. Bring your own sleeping bag. Improvised kitchen, common room, several toilets and one shower will be available. In the work place there will be dry toilet and water in barrels for basic hygiene. You will cook your own meals in the center or we can organize a barbecue.

LOCATION:

NEPOMUK.

Latitude of the project: 49.4861699

Longitude of the project: 13.5822609

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Nepomuk

Latitude of Station: 49.4861699

Longitude of Station: 13.5822609

LANGUAGES SPOKEN:

English

Referencia: 9

Code:	SDA-204	Year:	2017
Region:	SDA - INEX SDA		
Name:	JEWISH HOLESOV		
Address:	HOLESOV, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-CULT - Restoration-Cultural		
Initial Date:	18/07/2017	Final Date:	30/07/2017
		Min Age:	18
		Max Age:	30
Total Places:	8		
	Male Places: 4	Vegetarian Places:	0
	Female Places: 4	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

Volunteers interested in the Jewish culture are especially welcome

DESCRIPTION OF WORKCAMP:

The workcamp takes place in Holesov, a small Moravian town, known for its large pre war Jewish community. The community was wiped-out during World War II and has only very few members today. There is an important synagogue and also a grave of one of the biggest Jewish scholars i rabbi ach. The workcamp supports the work of the Culture centre of Holesov which maintains the local Jewish cemetery and other Jewish monuments in the town and organizes the festival of Jewish culture called Jewish Culture Week which will take place during the workcamp. The goal of the workcamp is to maintain the Jewish cemetery, to help logistically with the organization of the festival and to get to know the local culture.

You will work on the local Jewish cemetery and in the synagogue (about 90 of the working time) where you will help to maintain outdoor areas. The work can include cleaning of pavements, weeding, working with brush cutter, cutting and raking grass, maintaining graveyards, etc. Furthermore, you will help with the technical preparations of the festival Jewish Culture Week which takes place in Holesov during the workcamp (10 of the working time). Bring suitable working clothes with you. The work might be physically demanding, weekends are usually working days (because of the festival) but you will get days off during the week.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Holesov, a middle-sized town with around 12.000 people in the south-east of the Czech Republic. Study part: You can learn more about the Jewish culture, visit local monuments and see concerts, performances and films during the festival. You will have a chance to meet local community during a barbecue in the garden of a local castle or at a traditional lunch with the representatives of the town of Holesov. It is also possible to prepare some activities with and for the local community (such as visiting summer camp for children or a community centre for seniors). Leisure time: Trips to the surroundings (e.g. UNESCO site of Kromeriz), free entrance to cultural activities organized by the local cultural centre, free access to the local swimming-pool.

ACCOMODATION/FOOD:

In a hostel in the centre of Holesov. There are beds but you have to bring your own sleeping bags. You will prepare your own meals. During the festival you will have a chance to try Jewish cuisine.

LOCATION:

HOLESOV.

Latitude of the project: 49.334427

Longitude of the project: 17.580167

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Holesov

Latitude of Station: 49.3333095

Longitude of Station: 17.5783297

LANGUAGES SPOKEN:

English

Referencia: 10

Code:	SDA-205	Year:	2017
Region:	SDA - INEX SDA		
Name:	CASTLE VESELI		
Address:	POCINOVICE, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-ENVI - Restoration-Environmental		
Initial Date:	06/08/2017	Final Date:	19/08/2017
		Min Age:	18
		Max Age:	30
Total Places:	8		
	Male Places:	Vegetarian Places:	0
	Female Places:	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

Workcamp is suitable for history lovers and for people who want to discover life in a small Czech village. Due to living in a house with a host you will have a unique opportunity to experience local culture and customs, at the same time we ask you for respectful behavior

DESCRIPTION OF WORKCAMP:

The workcamp takes place in the village Veseli nad Uhlavou in Western Bohemia in cooperation with the local association Tvrz Veseli. This association was founded with the aim to restore the ruin of a castle in Veseli nad Uhlavou, to open it for the public and to start using it for cultural and social purposes. Its activities involve preparatory maintaining works and fundraising to repair the castle. The castle has a disturbed past and is now in a very bad state. The aim of the workcamp is to clean an overgrown castle park from self-seeding plants and fallen trees, to cut the grass and clean parts of the castle that are being renovated. This workcamp will be the 2nd one there. Last year, volunteers discovered an old hidden staircase.

Work will be manual and will be done in an overgrown park. The tasks will include: removing self-seeding woody plants, shrubs and fallen trees (with scissors, a hatchet and a handsaw), raking and removing grass and cleaning construction material from one part of the castle that is under reconstruction. Bring working clothes which can get dirty, sturdy shoes and waterproof jacket or raincoat (in case of bad weather). There is not much work to be done indoors so be prepared for all kinds of weather.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Veseli - a small village (about 58 inhabitants) which is a part of the municipality Janovice nad Uhlavou, and a village of Pocinovice (around 548 inhabitants). Both are located at the foothills of umava National Park, close to Klatovy. From the place of accommodation (Pocinovice) to the workplace (Veseli) you will go every morning by train (20 min). The train station is near the castle. The village of Pocinovice has bakery, pub, library, some small shops and sports grounds. Study part: Presentation of the castle and its troubled history, excursion to Klatovy underground with a historian, meeting local youth associations in their centre or at the youth summer camp, meeting young volunteer firefighters, getting to know the history of the region. Leisure time: Trip to Chodsko region and participation in the local festival in Domazlice; volleyball tournament with local players, trip to Dobra Voda (5km by forest road), trip to Castle Klenova and Kanice, swimming, campfire with locals, etc.

ACCOMODATION/FOOD:

In the privacy at one of the association s member in the village Pocinovice (about 10 km from the workplace). Sleeping on mattresses in your own sleeping bags. There are two big rooms, WC, a bathroom and a kitchenette with a cooker and jug kettle. Hot lunches will be brought to the work place every day. You will prepare other meals by yourselves.

LOCATION:

POCINOVICE.

Latitude of the project: 49.343423**Longitude of the project:** 13.133497**TRAVELLING INSTRUCTIONS:****Airport:** PRG**Train/Bus Station:** Pocinovice**Latitude of Station:** 49.3434229**Longitude of Station:** 13.1334973

LANGUAGES SPOKEN:

English

Referencia: 11

Code:	SDA-206	Year:	2017
Region:	SDA - INEX SDA		
Name:	CASTLE RYZMBURK		
Address:	OSEK, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-CONS - Restoration-Construction		
Initial Date:	13/08/2017	Final Date:	26/08/2017
		Min Age:	18
		Max Age:	30
Total Places:	10		
	Male Places: 5	Vegetarian Places:	0
	Female Places: 5	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

The workcamp is suitable for physically fit volunteers interested in history and archaeology. If you want to practice or learn some skills of carpentry (working with wood), it's a great opportunity.

DESCRIPTION OF WORKCAMP:

The workcamp is held in the town Osek in Northern Bohemia in cooperation with the town hall and An Association for Revitalization of the Castle Rizmburk. The town is significant for its Cistercian monastery from the 13th century which is declared a national monument, and the Castle Rizmburk. Rizmburk is a well-preserved ruin of a Gothic castle on a rocky promontory with an area of 8.500 m². It is one of the largest castle complexes in the Czech Republic. The aim of the workcamp is to contribute to the renovation of a part of the castle and to help with some archaeological excavations.

Work will be manual and some tasks will be physically demanding. You will mainly work at the castle on these tasks: construction works (creating wooden benches and tables, building of a shelter; collecting, carrying and sorting of stones; digging under the supervision of an archaeologist; building of a stone path), renovation and cleaning works (cleaning of castle walls, garbage collection, weeding, cutting and burning of branches). Minor archaeological works are also possible: searching ceramics fragments, bones, metal nails, etc. The work will be carried out outside so be ready for different types of weather. It is necessary to bring working clothes that can get dirty, solid shoes and a raincoat.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Castle Rizmburk, about 2,5km north of the town Osek on the slopes of the Ore Mountains (Krusne hory). The town Osek has about 5 000 inhabitants. You will get to the castle every day by car. Be prepared that the weather can be cold; the site is located near mountains. Study part: You can participate in the local festival with historical crafts and music. A tour around the monastery in Osek (whole compound, including all the gardens), will be prepared for you. It will be possible to organize informal meeting in the community centre with the presentation of different cultures. Leisure time: Bathing in the local outdoor swimming pool, doing sports on the town's sports ground (volleyball, beach volleyball, badminton, football, etc.), discgolf in the city park, visit to a local brewery in a monastery, hiking, visit the spa in Teplice, silver mines tour in Krupka.

ACCOMODATION/FOOD:

In cabins for 4 persons in the municipal auto-camping: <http://www.autocamposek.cz/galerie>. Bring your own sleeping bag. Bathrooms and the kitchen are in a separate building. There is also a public swimming pool. Hot lunches will be brought to the castle; you will prepare your own breakfasts and dinners at the campsite.

LOCATION:

OSEK.

Latitude of the project: 50.6225367**Longitude of the project:** 13.6913879**TRAVELLING INSTRUCTIONS:****Airport:** PRG**Train/Bus Station:** Osek**Latitude of Station:** 50.6225367**Longitude of Station:** 13.6913879**LANGUAGES SPOKEN:**

English

Referencia: 12

Code:	SDA-302	Year:	2017
Region:	SDA - INEX SDA		
Name:	ORGANIC FARMING AT CAMPHILL COMMUNITY I		
Address:	TEREZIN, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-AGRI - Restoration renovation - Agriculture		
Initial Date:	02/07/2017	Final Date:	15/07/2017
		Min Age:	18
		Max Age:	30
Total Places:	10		
	Male Places: 5	Vegetarian Places:	0
	Female Places: 5	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

The workcamp is suitable for people who are interested in farming and learning about the community. As you will stay in the place for people with mental disabilities, there are certain rules: smoking and consumption of alcohol within the community area are restricted and it is necessary to respect the privacy and night rest of the inhabitants. Be aware that some inhabitants don't speak English.

DESCRIPTION OF WORKCAMP:

The workcamp takes place in the village of Ceske Kopisty in cooperation with the local Free Farm which is part of the Camphill Community. This family-like community provides space both for people with special needs and for those without disability to work and live together. The inhabitants can develop their skills in agriculture, textile and beeswax candles making. The farm grows mainly vegetables and herbs in ecological way. They promote the importance of biodynamic agriculture and the role of a farmer in today's world. They take care of the countryside as a whole together with the farm, it's a living organism. The farm is an NGO but while selling the products they try to develop relations with other farmers and with individual customers using the concept of community based agriculture.

The organic farm is very dependent on manual work and it would be impossible to maintain the agricultural project without the voluntary work. Firstly, you will be helping on the organic farm - weeding, planting, digging up, harvesting, cleaning, storing, watering, treating of herbs, etc. The work is done outdoors and is usually physically demanding. Secondly, the house and its surroundings are still being renovated so some minor construction and renovation works can be done depending on current needs. Bring good working clothes, solid shoes, a hat and a raincoat.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Ceske Kopisty is a small village near the historical town of Litomerice. The farm is working on 11 ha of fields; there is a garden and a yard with a couple of animals (cow, horse, hens, ducks, pigs). The area is quite vast and there are 3 houses for living, workshops and a common hall. There are 6 adults, 6 children and 8 people with special needs living there. You might meet around 20 other external co-workers. Study part: Lectures about the Camphill movement, Steiner's anthroposophy, living in a community, biodynamic agriculture, about Czech and other cultures. It will be also possible to organize workshops such as making beeswax candles, eurythmy and intuitive pedagogy. If you are interested in organizing international evening to exchange about each other's cuisines and nationalities, there will be space for it. Bring your favourite recipes and some specific ingredients. Leisure time: Barbecue with the members of the community, playing football and visiting the local pub, swimming in the river, visiting the nearby Terezin Memorial at the location of the former concentration camp for Jews in the Terezin Ghetto, going for trips to the nature protected area of Ceske Stredohori (cities of Litomerice, Usti nad Labem, castles, nature).

ACCOMODATION/FOOD:

In 1 attic room on mattresses. Bring a sleeping bag. A common room, 2 showers with hot water and 2 toilets are available. Products for cooking will be provided and will include bio vegetables from the farm (vegetarian diet is possible). You will prepare breakfasts and dinners on your own, lunches will be shared with all the members of the community.

LOCATION:

TEREZIN.

Latitude of the project: 50.524642**Longitude of the project:** 14.166711**TRAVELLING INSTRUCTIONS:**

Airport: PRG

Train/Bus Station: Terezin

Latitude of Station: 50.5110021

Longitude of Station: 14.1505577

LANGUAGES SPOKEN:

English

Referencia: 13

Code:	SDA-303	Year:	2017
Region:	SDA - INEX SDA		
Name:	ORGANIC FARMING IN THE CENTRE TABOR		
Address:	NOVA VES NAD POPELKOU, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-AGRI - Restoration renovation - Agriculture		
Initial Date:	14/07/2017	Final Date:	28/07/2017
		Min Age:	18
		Max Age:	30
Total Places:	15		
	Male Places:	7	Vegetarian Places:
			0
	Female Places:	8	Disabled Places:
			0
Extra Fee:	0 EUR		

REQUIREMENTS:

The workcamp is especially suitable for those who are interested in ecological agriculture and crafts. The premises of the Centre Tabor (both house and garden) are non-smoking, we also do not drink alcohol here. Three people are permanently living in the house. Information for allergic persons: you can meet cats, pollen and hay.

DESCRIPTION OF WORKCAMP:

The workcamp is held in the little village Nova Ves nad Popelkou in Eastern Bohemia in collaboration with the local Social Therapeutic Centre Tabor. The mission of the centre is to integrate people with various disabilities into the society, by means of living in a community and working in biodynamic agriculture and craft workshops. They are inspired by Camphill communities. Besides, the centre supports a community life in the village by maintaining folk traditions and customs. The centre is also a training space for educational programs focused on Waldorf pedagogy; various educational events for schools and public take place here. The aim of the workcamp is to help with different construction, renovation and agricultural tasks.

The work in agriculture is done outdoors and is physically demanding for beginners but is beautiful, makes you stronger and healthier. Some jobs will be also less demanding. The tasks will include: cleansing of a bio potato field (weeding, removing potato beetles); making hay; cutting wood from the forest, collecting herbs in meadows; painting and building fences in the garden, removing muck from stables; repairing fences and shelters for animals. It is necessary to bring sun protection (light clothing, a hat) as well as waterproof, fully enclosed shoes and a raincoat.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Nova Ves nad Popelkou (650 inhabitants) i Social Therapeutic Centre Tabor. It is located on the edge of Nature Protected area Bohemian Paradise. A nearby town of Lomnice nad Popelkou is about 4km far away. The historical town of Ji269;in is 20km away. Study part: Workshops on biodynamic agriculture and crafts (working with wool and wood, baking bread and traditional Czech cakes, production of homemade jams); excursion to a geologist i workshop on the processing of gems. It will be also possible to organize an international afternoon for local children and an evening with Czech folk music and dancing together with the neighbours. If you play any instrument, bring it with you. Leisure time: It will be up to you i there are many options: e.g. visit to the music festival Cultural Summer of Lomnice; trips around - both on foot and by train (Tabor observation tower, ruins of Kumburk and Bradlec, Bohemian Paradise rock town - all-day trip), swimming, playing games, having a campfire, visiting local beekeeper and other craftsmen (wooden toys and musical instruments, home-made cosmetics).

ACCOMODATION/FOOD:

The work in agriculture is done outdoors and is physically demanding for beginners but is beautiful, makes you stronger and healthier. Some jobs will be also less demanding. The tasks will include: cleansing of a bio potato field (weeding, removing potato beetles); making hay; cutting wood from the forest, collecting herbs in meadows; painting and building fences in the garden, removing muck from stables; repairing fences and shelters for animals. It is necessary to bring sun protection (light clothing, a hat) as well as waterproof, fully enclosed shoes and a raincoat.

LOCATION:

NOVA VES NAD POPELKOU.

Latitude of the project: 50.521363**Longitude of the project:** 15.411268**TRAVELLING INSTRUCTIONS:****Airport:** PRG**Train/Bus Station:** Nova Ves nad Popelkou

Latitude of Station: 50.5203100

Longitude of Station: 15.4118520

LANGUAGES SPOKEN:

English

Referencia: 14

Code:	SDA-307	Year:	2017
Region:	SDA - INEX SDA		
Name:	ORGANIC FARMING AT CAMPHILL COMMUNITY II		
Address:	TEREZIN, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-AGRI - Restoration renovation - Agriculture		
Initial Date:	06/08/2017	Final Date:	19/08/2017
		Min Age:	18
		Max Age:	30
Total Places:	10		
	Male Places: 5	Vegetarian Places:	0
	Female Places: 5	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

The workcamp is suitable for people who are interested in farming and learning about the community. As you will stay in the place for people with mental disabilities, there are certain rules: smoking and consumption of alcohol within the community area are restricted and it is necessary to respect the privacy and night rest of the inhabitants. Be aware that some inhabitants don't speak English.

DESCRIPTION OF WORKCAMP:

The workcamp takes place in the village of Ceske Kopisty in cooperation with the local Free Farm which is part of the Camphill Community. This family-like community provides space both for people with special needs and for those without disability to work and live together. The inhabitants can develop their skills in agriculture, textile and beeswax candles making. The farm grows mainly vegetables and herbs in ecological way. They promote the importance of biodynamic agriculture and the role of a farmer in today's world. They take care of the countryside as a whole together with the farm, it's a living organism. The farm is an NGO but while selling the products they try to develop relations with other farmers and with individual customers using the concept of community based agriculture.

The organic farm is very dependent on manual work and it would be impossible to maintain the agricultural project without the voluntary work. Firstly, you will be helping on the organic farm - weeding, planting, digging up, harvesting, cleaning, storing, watering, treating of herbs, etc. The work is done outdoors and is usually physically demanding. Secondly, the house and its surroundings are still being renovated so some minor construction and renovation works can be done depending on current needs. Bring good working clothes, solid shoes, a hat and a raincoat.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Ceske Kopisty is a small village near the historical town of Litomerice. The farm is working on 11 ha of fields; there is a garden and a yard with a couple of animals (cow, horse, hens, ducks, pigs). The area is quite vast and there are 3 houses for living, workshops and a common hall. There are 6 adults, 6 children and 8 people with special needs living there. You might meet around 20 other external co-workers. Study part: Lectures about the Camphill movement, Steiner's anthroposophy, living in a community, biodynamic agriculture, about Czech and other cultures. It will be also possible to organize workshops such as making beeswax candles, eurythmy and intuitive pedagogy. If you are interested in organizing international evening to exchange about each other's cuisines and nationalities, there will be space for it. Bring your favourite recipes and some specific ingredients. Leisure time: Barbecue with the members of the community, playing football and visiting the local pub, swimming in the river, visiting the nearby Terezin Memorial at the location of the former concentration camp for Jews in the Terezin Ghetto, going for trips to the nature protected area of Ceske Stredohori (cities of Litomerice, Usti nad Labem, castles, nature).

ACCOMODATION/FOOD:

In 1 attic room on mattresses. Bring a sleeping bag. A common room, 2 showers with hot water and 2 toilets are available. Products for cooking will be provided and will include bio vegetables from the farm (vegetarian diet is possible). You will prepare breakfasts and dinners on your own, lunches will be shared with all the members of the community.

LOCATION:

TEREZIN.

Latitude of the project: 50.524642**Longitude of the project:** 14.166711

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Terezin

Latitude of Station: 50.5110021

Longitude of Station: 14.1505577

LANGUAGES SPOKEN:

English

Referencia: 15

Code:	SDA-401	Year:	2017
Region:	SDA - INEX SDA		
Name:	BEES EDUCATION CENTRE CHLEBOVICE		
Address:	CHLEBOVICE, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-KIDS - Restoration-Work with kids		
Initial Date:	02/07/2017	Final Date:	18/07/2017
		Min Age:	18
		Max Age:	26
Total Places:	8		
	Male Places: 2	Vegetarian Places:	0
	Female Places: 2	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

The project is suitable for people who are interested in the topic of bees and who enjoy activities with children. In the project ground there are beehives located so the workcamp is not suitable for volunteers that are allergic to a bee sting.

DESCRIPTION OF WORKCAMP:

The workcamp takes place in a small village of Chlebovice in cooperation with a local branch of the Czech Association of Beekeepers which is focused on beekeeping and is also very active in organizing public events and environmental education activities for youth. They also host summer camps for children, take care of a unique museum of beekeeping and offer excursions to tourists. The Association runs The Bees Education Centre (a renovated historical building with a nice project garden and apiary). This year's workcamp will be the 3rd one. The goal will be to help with the organization of a Youth Summer School of Beekeepers and with the renovation of the Bees Education Centre. This project is realized with the support of Johnson Controls.

Volunteers will take part in two types of activities: maintenance and educational. Maintenance activities at the Bees Education Centre include cleaning and maintenance of exhibits in the museum, painting of rooms or fences, reparations, gardening. The biggest part will be the educational activities. Volunteers will help with the preparation and organization of the Youth Summer School of Beekeepers. They will teach English, organize competitions, and in general communicate with around 30 children aged 7-15 who are interested in the beekeeping topic.

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Chlebovice (800 inhabitants), Northern Moravia. The village itself is located 3km away from the city of Frídek-Místek (60 000 inhabitants) and 25km from Ostrava (3rd biggest city in the country) which is known for its museums of hard industry and mining industry. The region is also famous for the Beskydy Mountains. Study part: Presentation of the activities of the Bees education centre, getting to know beekeeper's work (introduction to the acquisition of bee products and their impact on human health, work in colonies), excursion to the beekeeper's farm, excursion to the brewery, participation in the culture event in the village. Leisure time: Diverse free-time activities are planned that include trips, workshops and others. Volunteers can make a trip to Pustevny (mountains), observation tower Panorama, Hukvaldy Castle, go to the Tarzanie outdoor centre. There is a possibility to use the local sport area.

ACCOMODATION/FOOD:

In 2 rooms (on beds or mattresses) at the firefighter's station (200 m away) with bathroom. Showers are in the sport area (5 min walking). Beds with mattresses will be provided. Bring a sleeping bag. Lunch will be provided but you will prepare your own breakfast and dinner. A kitchen is available at the Bees Centre. During the summer camp for kids, all the meals will be provided.

LOCATION:

CHLEBOVICE.

Latitude of the project: 49.655608

Longitude of the project: 18.278466

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Frydek-Místek

Latitude of Station: 49.6819305

Longitude of Station: 18.3673216

LANGUAGES SPOKEN:

English

Referencia: 16

Code:	SDA-405	Year:	2017
Region:	SDA - INEX SDA		
Name:	PROTECTED MEADOWS IN ZITKOVA		
Address:	ZTKOVA, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	ENVI - Environmental		
Initial Date:	05/08/2017	Final Date:	19/08/2017
		Min Age:	18
		Max Age:	26
Total Places:	1		
	Male Places: 5	Vegetarian Places:	0
	Female Places: 5	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

The camp is suitable for volunteers who are not afraid of living and working in rougher conditions in close contact with nature. It is not recommended to people allergic to grasses (hay fever), wasp or bee stings.

DESCRIPTION OF WORKCAMP:

The workcamp takes place in the Nature reserve Hute, in the meadows of White Carpathian Mountains in cooperation with the environmental NGO Brontosaurus Ma345;atice. The local meadows are unique by their biodiversity and their origin is related to man's activities. A regular cutting of the meadows enables even weaker plants to grow which means we can find up to 80 species in one square meter. Therefore, every summer in the last 25 years, volunteers from Brontosaurus Ma345;atice have been coming for annual haymaking using the forgotten skills of our ancestors (manual scything). The process is supervised by botanists from the Masaryk University in Brno. The aim of the workcamp is to finish the haymaking, learn how to use scythe and connect young people interested in nature. This project is realized with the support of Johnson Controls.

Depends on the weather and preceding groups. The priority is to finish the haymaking in the meadows and in the rest of the time to maintain the reserve (cutting wood, protecting young trees, etc.) and the barn. During haymaking, those who cut the grass have to wake up very early and work until the dew gets dry. Then, the grass has to be returned with rakes, loaded on a car (using pitchfork) and transported to farmers. It is recommended to wear solid shoes, long sleeves and pants to avoid scratches from the hay. It is necessary to have a hat to be protected from sun. The meadows can be very wet so bring waterproof working shoes (or rubber boots) and rain-gear. Be aware that scythe is a dangerous tool and has to be handled cautiously (there will be a technical supervisor to teach you).

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

Natural reserve Hute in White Carpathian Mountains close to itkova village (170 inhabitants), South-East Moravia. The campsite is remote, located 2 km from the village and bus station. There is no wi-fi and the mobile signal is scarce. Study part: Lecture by a scholar from Masaryk University in Brno on the location, reasons for its protection and species that can be found there is planned. We can also arrange a beekeeping or a herbal workshop since Zitkova is very rich for healing herbs and famous for their collection. It is planned to visit Trencin (city in Slovakia). Leisure time: Hiking in the surrounding hills, swimming in a nearby pond (2 km), playing badminton and volleyball, collecting mushrooms and herbs, singing or playing music (ukulele, guitar), etc. Bring your musical instrument if you have any

ACCOMODATION/FOOD:

In tents. At the campsite there is also an old barn that is used as a kitchen, dining and common room. The nights can be very cold so bring a warm sleeping bag, sleeping mat and warm clothes. You will wash yourself in a cold stream next to the campsite and you'll use dry toilets. You will prepare your own meals taking turns in kitchen services, the barn.

LOCATION:

ZTKOVA.

Latitude of the project: 48.990864**Longitude of the project:** 17.905628**TRAVELLING INSTRUCTIONS:****Airport:** PRG**Train/Bus Station:** Stare Mesto u Uherskeho Hradiste**Latitude of Station:** 49.0751484**Longitude of Station:** 17.4333880

LANGUAGES SPOKEN:

English

Referencia: 17

Code:	SDA-406	Year:	2017
Region:	SDA - INEX SDA		
Name:	ECO CENTRE HORNI MARSOV		
Address:	HORNI MARSOV, C.P. 120 00, Sin Localidad, Sin Autonomia, República Checa		
Email:		Phone Number:	
URL:	http://www.inexsda.cz		
Project:	RENO-ENVI - Restoration-Environmental		
Initial Date:	13/08/2017	Final Date:	27/08/2017
		Min Age:	18
		Max Age:	26
Total Places:	1		
	Male Places: 3	Vegetarian Places:	0
	Female Places: 2	Disabled Places:	0
Extra Fee:	0 EUR		

REQUIREMENTS:

We are looking for volunteers who like nature and are eager to learn how to be more sustainable. The local partner would like to show volunteers how to act sustainably (sorting out waste, cooking with local and bio products i no palm oil or fried food).

DESCRIPTION OF WORKCAMP:

The workcamp takes place in a small town of Horni Marsov situated in the Krkonose (Giant) Mountains in cooperation with the local NGO Centre for environmental education and ethics i SEVER . SEVER is focused on environmental education and the promotion of responsible behavior towards nature and among people themselves. They cooperate with schools and organize programs for students and teachers. They organize educational and cultural events for the public. The aim of the workcamp is to renovate a residential centre in the local school used by SEVER for environmental programs and to get to know the sustainable way of living.This workcamp is sponsored by Johnson Controls.

Volunteers will mainly help with the renovation of the residential centre. This will involve tasks such as painting walls, brushing and painting of furniture, window ledges, handrails, etc. All the necessary work tools including gloves will be provided. We recommend volunteers to bring old clothes that can get dirty by paint. Some work tasks will also include activities around the eco-centre TOUCH i physically demanding work with wood (cutting and moving) and less demanding work in the natural garden (weeding, mulching).

COMPLEMENTARY ACTIVITIES - LEISURE ACTIVITIES:

North-eastern part of Bohemia, near the border on Poland. The town of Horni Marsov has around 1000 inhabitants and is located near the Krkonose National Park. Krkonose are the highest mountains in the Czech Republic and very attractive for hiking. Volunteers will work in two places i the eco-centre TOUCH (seat of the organization) and the residential centre (in the local school). Both places are within 5 minutes of walk. The area has a bit colder climate even in summer and a beautiful nature.Study part: Presentation of the organization SEVER (what they do to be sustainable), possibility to try environmental education programs for students, cooking evenings (local and international meals), excursion into the Krkonose National Park)Leisure time: Hiking in the beautiful Krkonose National Park, visiting other interesting sights (Trutnov, Arspach-Teplice rocks, etc.), using outdoor fireplace, borrowing materials for creative workshops.

ACCOMODATION/FOOD:

in the residential center at the school. There will be 2 rooms with beds available, WC, bathroom, common room and a small kitchen. Please bring your own sleeping bags You will prepare your own meals (mainly breakfasts and dinners) in the kitchen of the residential centre. Some lunches will be provided in the canteen of the eco-centre TOUCH. The canteen operates for all the staff of the eco-centre.

LOCATION:

HORNI MARSOV.

Latitude of the project: 50.657135

Longitude of the project: 15.822534

TRAVELLING INSTRUCTIONS:

Airport: PRG

Train/Bus Station: Horni Marsov

Latitude of Station: 50.6585589

Longitude of Station: 15.8197593

LANGUAGES SPOKEN:

English